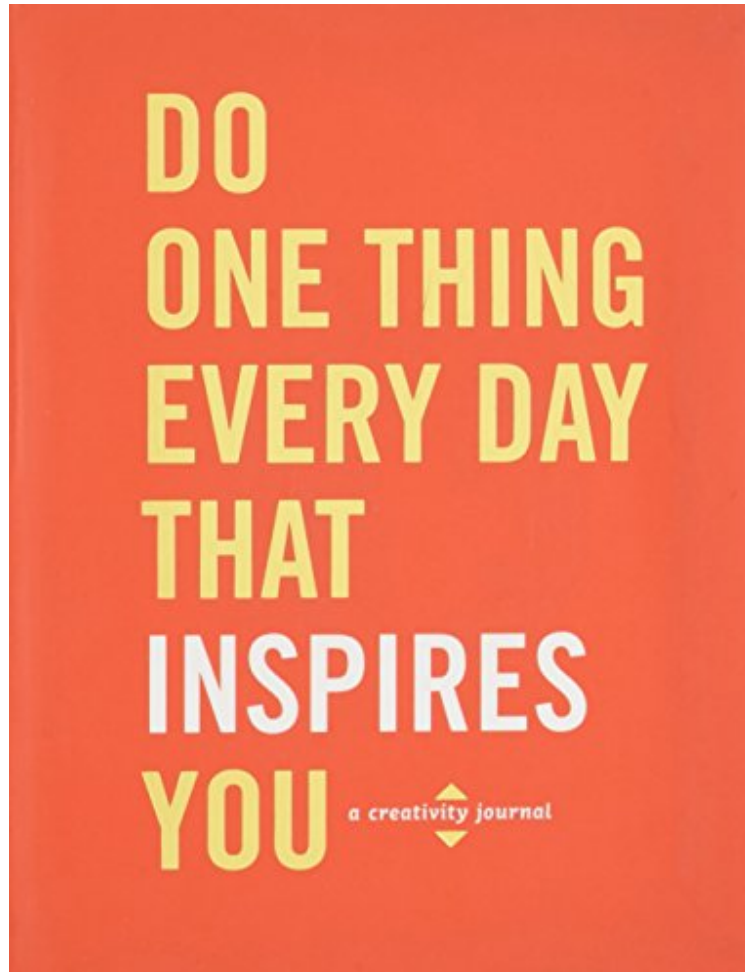


(Online library) Do One Thing Every Day That Inspires You: A Creativity Journal

Do One Thing Every Day That Inspires You: A Creativity Journal

Robie Rogge, Dian G. Smith

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#67024 in Books Rogge Robie 2015-10-13 2015-10-13 Original language: English PDF # 1 5.96 x .94 x 4.671, .73 Binding: Stationery 368 pages Do One Thing Every Day That Inspires You A Creativity Journal | File size: 79.Mb

Robie Rogge, Dian G. Smith : Do One Thing Every Day That Inspires You: A Creativity Journal before purchasing it in order to gauge whether or not it would be worth my time, and all praised Do One Thing Every Day That Inspires You: A Creativity Journal:

12 of 13 people found the following review helpful. Having a blast! By Erica D. I really like this little book. I think you're supposed to do one exercise every day, but I don't. It's small, so it fits in my purse. So I take it with me and work in it when I'm stuck waiting somewhere. The exercises definitely require creativity, but many of the exercises are short, so it's easy to work in an exercise here and there. I have come across a few exercises that didn't make a whole lot of sense, but they're few and far between, so the book is still worth the price. 0 of 0 people found the following review helpful. A Must-Buy For All Artists! By Lynched I'm so glad I decided to order this fun creative book. Every page

presents a challenge that forces you to dig deep into your creative subconsciousness and to step out of your creative comfort zone. I believe that after time and much practice of the tasks and completion of exercises in this book, extraordinary results will occur. This is perfect for those who enjoy tapping into their own creativity and minds. It is also my opinion that completing any of these fun, creative tasks would be of enormous assistance to writers experiencing writer's block. I have already decided to purchase more of these books as gifts for family friends. I am convinced that it will be a blessing to them just as it's been for me. 5 of 6 people found the following review helpful. CreativityBy MeganI saw this book at Barnes and Noble, and I bought it from for a cheaper price. The book is like a creativity planner, because it includes a place to record the date with every activity. The activities include drawing pictures, writing poems, and recording ideas. There are also many inspirational quotes throughout the book specific to certain activities. At first, I was a little disappointed because I didn't like some of the topics, but I never regretted completing them. If you are looking for something to brighten your mood, expand your creativity, or alter your perspective, then I would recommend this product. Pros: +Inspires Creativity +Cute design +Numerous activities Cons: - Forces creativity with unconventional activities

Stretch the boundaries of your creativity with daily doses of wisdom and encouragement in this quirky 365-day journal. Every day is an opportunity to engage your persistence, patience, imagination, and daring as you test your limits: draw a round figure using only lines, coin a new word, create a recipe showcasing an ingredient you've never used before, set a shopping list to a melody. Each day, insight from famous artists, writers, architects, musicians, chefs, dancers, sculptors, actors, photographers, designers, and other creatives will both challenge and push you. With space to doodle and to record personal epiphanies, watch creativity transcend borders, and prepare yourself to make that leap, too. At the end, you'll have built a portfolio that showcases your most inspired year ever. This journal is perfect for recent graduates, milestone birthdays, or as a year-end holiday gift to kick off "New Year, New You" projects.

About the Author ROBIE ROGGE is New York City-based packager who has created guided journals for Chronicle Books and the Museum of Modern Art. DIAN SMITH is a freelance writer and public school teacher.