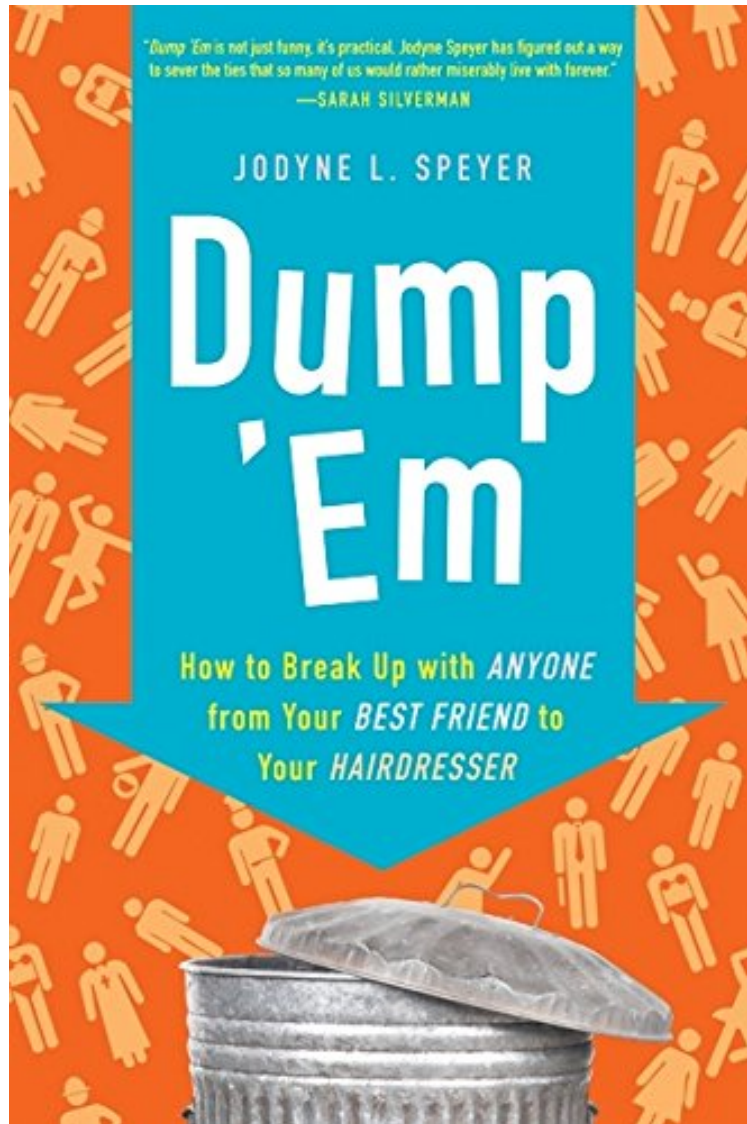


[Library ebook] Dump 'Em: How to Break Up with Anyone from Your Best Friend to Your Hairdresser

Dump 'Em: How to Break Up with Anyone from Your Best Friend to Your Hairdresser

Jodyne L. Speyer

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Jodyne L. Speyer : Dump 'Em: How to Break Up with Anyone from Your Best Friend to Your Hairdresser
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Dump 'Em: How to Break Up with Anyone from Your Best Friend to Your Hairdresser:

2 of 3 people found the following review helpful. Breaking Up Just Got A Little Easier By Sister Renee Pittelli This book was really great! One of the most difficult and uncomfortable situations any of us will ever have to face is

breaking off a relationship that just isn't working for us anymore. Jodyne Speyer has written a step-by-step guide filled with warm-hearted humor and practical suggestions. A wide variety of problem people from friends and neighbors to family members to your doctor, babysitter, co-worker, and kid's friend's parents each get their own chapter, with advice tailored just for saying sayonara to them. But the author doesn't just fast-forward right to the break-up. For each soon-to-be-ex, she gives several suggestions you can try to see if you can improve the relationship first, and possibly not have to break up after all, and ideas for laying the groundwork for your eventual breakup should it be your only choice. Funny anecdotes and advice from various celebrities are balanced with really useful dialogue for kindly but firmly ending relationships you no longer want to continue. No more agonizing over finding the right words to break it to `em gently- all you have to do now is follow the script Ms Speyer provided for you. Very helpful for anyone who is ready to move on! I loved this book, and recommend it highly!1 of 1 people found the following review helpful. wonderful and funnyBy Patricia Wilsonhad several laughs and found great ideas for cleaning my negative closet. only improvement i would like to see is a little more depth in more severe relationships..otherwise...wonderfull hints to many problems we get stuck on.0 of 0 people found the following review helpful. Four StarsBy fodraksgoodpoints

Everybody has that special someone in their life that they can't wait to get rid of. Whether it's a housekeeper, a therapist, or a personal trainer, the time comes when you have to pull the plug on the relationship. Featuring personal stories, useful scripts, and interviews with experts such as Bob Harper from *The Biggest Loser*, funnyman Adam Carolla, and Michael Jackson's attorney, Thomas Mesereau, *Dump 'Em* is a practical guide for giving any bad relationship the boot. Jodyne L. Speyer provides a roadmap to finding your own way of saying "thanks, but no thanks." Written with honesty, empathy, and ruthless wit, *Dump 'Em* will teach you to conquer your fear of confrontation and master the art of the peaceful and permanent breakup. So what are you waiting for? *Dump 'em!*

"This book tells how to 'dump 'em'—politely. Jodyne Speyer's engaging real-life stories emphasize the importance of being respectful when breaking ties. Her steps include ways to be fair and appreciative—no matter what. Readers will learn to handle those awkward farewells with consideration and tact." (Peggy Post, director of The Emily Post Institute and author of *Emily Post's Etiquette*, 17th Edition, and "Excuse Me, But I Was Next . . .") "Dump 'Em is not just funny, it's practical. Jodyne Speyer has figured out a way to sever the ties that so many of us would rather miserably live with forever." (Sarah Silverman, Comedienne) "Jodyne Speyer's *Dump 'Em* is surprising, practical and funny. Or would be had it not reminded me of the wonderful time Jodyne and I had together before, well, the dumping." (Jon Hamm, actor on *Mad Men*) "This book is so funny and smart and savvy I dumped my wife! And I love my wife. I might have blown it." (Greg Behrendt, Author of *He's Just Not That Into You*) "A funny and practical guide to getting the people in your life out of your life." (Jimmy Kimmel, Talk Show Host *Jimmy Kimmel Live*) "Dump 'Em is my guidebook to getting rid of people." (Fran Drescher, Actress) "Interweaving personal stories, practical tools, and scripts, TV writer Speyer assists readers in divesting themselves of bad relationships, romantic, familial, and otherwise.... The book tackles a difficult subject in a humorous, practical, and helpful manner. Highly recommended." (Library Journal) "In this guide to confrontation for doormats everywhere, author and self-proclaimed avoidant Jodyne Speyer provides a step-by-step manual on the etiquette of ending things with just about anyone.... Speyer's natural comic ease, makes this a breezily informative read." (Time magazine) "Dump 'Em is the non-confrontationalist's dream. With her easy-to-follow scripts and step-by-step plans, Jodyne Speyer provides a clear roadmap for ending even the most difficult relationships." (Marcy Shimoff, New York Times bestselling author of *Happy for No Reason*) *Dump 'Em* is not just funny, it's practical. Jodyne Speyer has figured out a way to sever the ties that so many of us would rather miserably live with forever. -- Sarah Silverman, comedienne *Jodyne Speyer's Dump 'Em* is surprising, practical and funny. Or would be had it not reminded me of the wonderful time Jodyne and I had together before, well, the dumping. -- Jon Hamm, actor on *Mad Men*