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Eat Like a Horse, Drink Like a Fish

Tom O'Connor, Tom O'Conner
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Tom O'Connor, Tom O'Conner : Eat Like a Horse, Drink Like a Fish before purchasing it in order to gage whether or not it would be worth my time, and all praised Eat Like a Horse, Drink Like a Fish:

Tom O'Connor is one of Britain's best-loved and funniest entertainers, and in this hilarious book he looks at the funnier side of eating, drinking, dieting, exercising, losing weight, gaining weight, cooking, shopping and all that goes with keeping ourselves alive and fit. Yes, our habits and foibles are unique... and Tom O'Connor celebrates every one in this highly entertaining look at what we all love most in life!