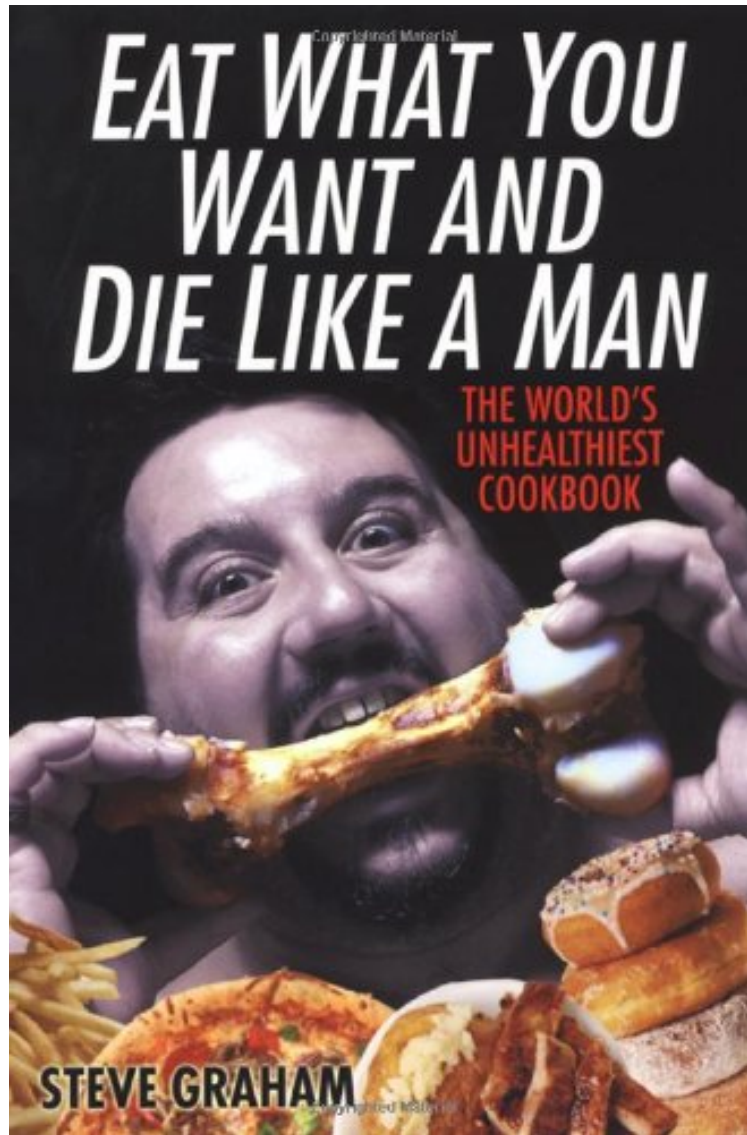


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Eat What You Want And Die Like A Man: The World's Unhealthiest Cookbook

Steve H. Graham

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#1547351 in Books Steve H Graham 2008-07-01 2008-07-01Original language:EnglishPDF # 1 8.18 x .84 x 5.64l, .59 #File Name: 0806528680284 pagesEat What You Want and Die Like A Man | File size: 74.Mb

Steve H. Graham : Eat What You Want And Die Like A Man: The World's Unhealthiest Cookbook before purchasing it in order to gage whether or not it would be worth my time, and all praised Eat What You Want And Die Like A Man: The World's Unhealthiest Cookbook:

0 of 0 people found the following review helpful. Good book for anybody, highly recommended for kitchen noviceBy

iron_llamaSo, This is, first and foremost, a funny book. It's well-written, with each chapter a stand-alone essay with a recipe. It will make you laugh, so it's worthwhile even if none of the recipes appeal to you. On the recipes—These are recipes for food that you know you want to eat, but also know you probably shouldn't. I consider this 'special occasion food' and only cook out of it on occasion. That said, the recipes are simple and, with a few exceptions, use ingredients you can get at an under-stocked grocery store 'way out in the country. This is fortunate, because that's where I have to do all my shopping. The techniques are simple and easy to understand. Actually, I'd recommend this strongly for a young man getting out of the service our out of college, and out on his own for the first time. Steve Graham explains cooking techniques and concepts in a way that you can understand. Since he's being funny at the same time, you'll actually pay attention. Between this, Good Eats, and the Achewood cookbook, such a creature can teach himself how to feed himself and a special lady in relatively short order. On such occasions the young man should read the dessert recipes in the back of the cookbook...13 of 13 people found the following review helpful. GeniusBy A CustomerI was one of those privileged to proofread this book before it went to print and my wife has not yet forgiven me for the night of sleep I deprived her while I convulsed and cackled with laughter, unable to put this down. Remember the classic "The Joy of Cooking"? Well, the diet police have sucked the life and joy out of food and "joy" is not the first word that comes to mind anymore. We don't eat just for nutrition or else we'd reduce the process to eating bland squares of "processed food". No, as a species, we have the of a working tongue with which to savor really great food. Steve gives easy-to-read and easy-to-make recipes and infuses his recipes with an unapologetic male attitude. More than a cookbook, but more practical than just humor, you'll probably need to replace your grease-stained copy annually. Eat What You Want and Die Like A Man will be re-read, quoted and used regularly. Buy it, read it, and after you catch your breath and wake up from a delicious food coma, you will be buying copies for friends and family. 1 of 1 people found the following review helpful. Probably the funniest cookbook ever written. By Richard B. Ewald Most cookbooks are kept on a shelf in or near the kitchen and only pulled down when you need a recipe for baked yak or whatever. If you are anything like me, this cookbook will be kept in your living room, near your chair so you can read it and laugh like an insane person. It has great recipes, but even more important it is written by a genuinely funny man who happens to be a lawyer. His comments about his proof reader, and libel suits are worth the price of the book alone. (Sorry you will have to buy your own copy to find out, I'm not gonna tell.) I find myself reading it out loud to my wife. She even thinks it is funny. As has been mentioned, it does have some strong language, but so what? It is A FUNNY book. Did I mention that this is a very funny book?

Eat healthy and live to be 100? Screw that. Why choke down bland, mushy, steamed veggies and brown rice when there's so much fat-laden, calorie-rich, heart-bursting cuisine out there to be savored? Because you want to live? So you can spend your golden years wandering aimlessly around a Florida shopping mall and eating dinner at 2 in the afternoon? So your rotten kids can plop you into some hellhole of a nursing home the minute you forget what day it is? Go ahead, triple your cholesterol and triglyceride counts, and clog those arteries. You'll never get out of this world alive, so enjoy life while you can. Here are the most unhealthy triple-bypass recipes sure to satisfy the most insatiable cholesterol craving. Instead of steamed tofu, try Lard-Oozing Caja-China-Roasted Hog or Pizzeria-style Baked Ziti with Sausage and Mozzarella! Follow up with a decadent dessert of Deep-Fried Twinkies or Ice Cream Lasagne. You'll die quicker but with a smile on your face. Eat What You Want and Die Like a Man will put you back in touch with your Inner Hog. Raves for Steve Graham's The Good, The Spam, And The Ugly "Gleefully offensive." --Publishers Weekly "Thanks for using a pseudonym." --Steve's father Steve H. Graham is author of The Good, the Spam, and the Ugly and Keep Chewing Till It Stops Kicking: Finding Your Inner Caveman. In 1983, he was indicted for eating a live midget. Steve lives in Miami, where he enjoys fishing, piano, home-brewing, and cooking enormous portions of unhealthy food.

From Publishers Weekly Nostalgic for a time when kitchen counters had a container marked "grease" right next to "flour" and "sugar," author and blogger Graham (Keep Chewing Till It Stops Kicking) offers up a rambling, tongue-in-cheek, plaque-in-artery collection of recipes and essays for those dedicated to the "Art of Lard." Graham delights in slaughtering sacred cows with his acerbic, at times wildly inappropriate humor, but also gets a terrific amount of glee from simple bacon grease, a key ingredient in ribs, chicken fried steak, hash browns and even popcorn. Predictably dense takes on macaroni and cheese, burgers and fries dominate, though more exotic fare like Turducken and Rotis with Goat Curry are also detailed. Graham's glib instructions can frustrate; for fatty (but incredibly flavorful) twice-baked fries, "you get your fat, and you put it in a big pot, and you put it in the oven at 250 for like a day. Then you throw out the lumps that remain," before you add potatoes for frying. Most of his dishes, however, fall within the capabilities of kitchen novices, and he peppers sound advice throughout on everything from the proper use of ham hocks to the care of cast iron skillets. Unfortunately, his wildly uneven tone and pointless digressions kill any sense of momentum, making this a comedic smorgasbord best consumed in moderation. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. About the Author Steve H. Graham is author of The Good, the Spam, and the Ugly and Keep Chewing Till It Stops Kicking: Finding Your Inner Caveman. In 1983, he was indicted

for eating a live midget. Steve lives in Miami, where he enjoys fishing, piano, home-brewing, and cooking enormous portions of unhealthy food.