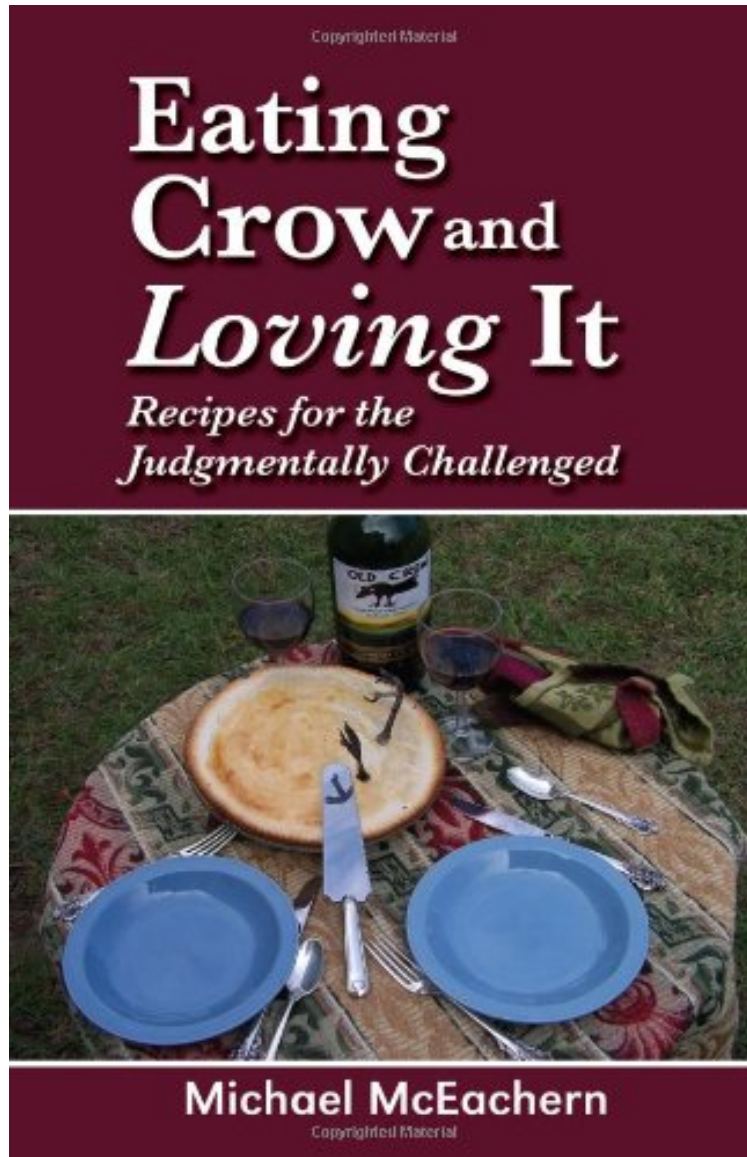


(Download pdf) Eating Crow and Loving It: Recipes for the Judgmentally Challenged

Eating Crow and Loving It: Recipes for the Judgmentally Challenged

Michael McEachern

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Eating Crow and Loving It explains the origins off the expression "to eat crow," and offers a program for employing the practice (not only of eating the bird, but other dishes made from the offal of various quadrupeds) to enhance self-awareness. In addition to numerous recommended recipes, the author presents circumstances that might justify or even require the penitential meal be prepared and consumed. In the course of laying out several of these circumstances, the reader is invited to enjoy such observations as are rarely made between the covers of a cookbook. The apparent contradiction between the notions of an all-merciful God and eternal damnation is resolved, and in the process the problem of Theodicy (how can evil exist in a world created by an omnipotent and beneficent God) is answered in perhaps the only way plausible. The nature of Time is illuminated and its modus operandi explained in the simplest terms, and the only explanation offered to date that is sensible.

About the Author Michael McEachern was raised a Catholic, is prone to diatribe, and eats crow regularly.