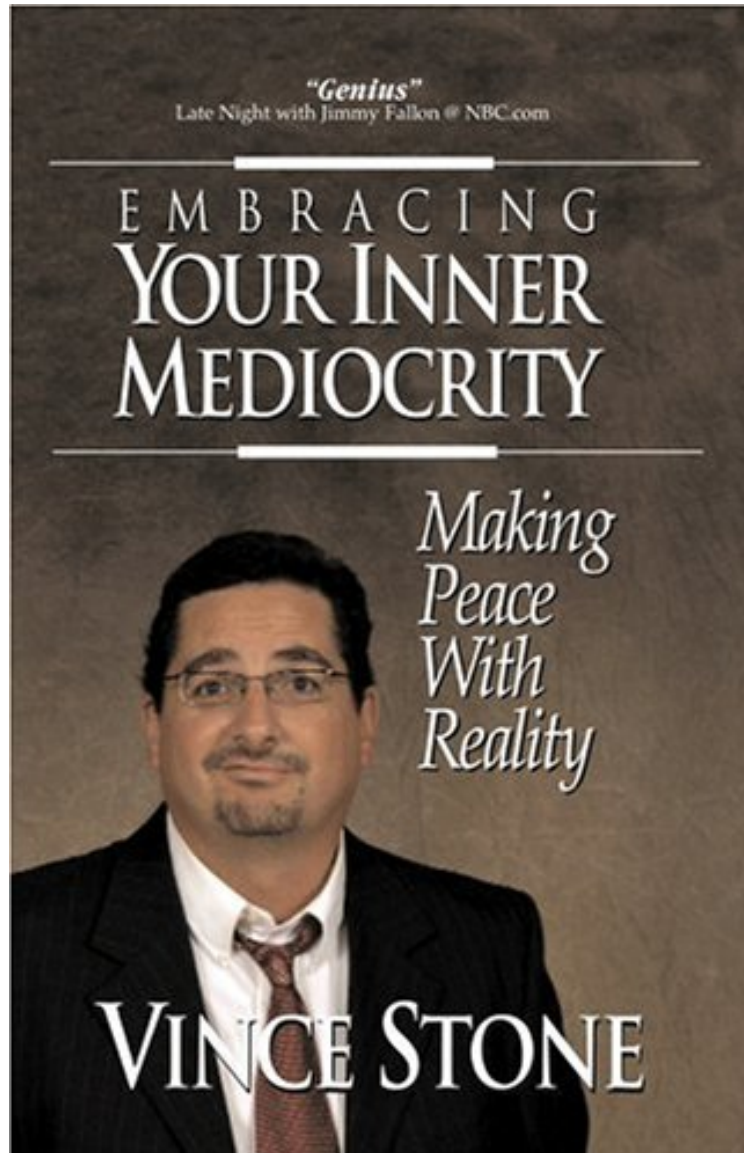


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Embracing Your Inner Mediocrity: Making Peace With Reality

Vince Stone

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Vince Stone : Embracing Your Inner Mediocrity: Making Peace With Reality before purchasing it in order to gage whether or not it would be worth my time, and all praised Embracing Your Inner Mediocrity: Making Peace With Reality:

0 of 0 people found the following review helpful. We're all a bit mediocreBy Jennifer BartheThis book is a quick read, I read it in less than 90 minutes. While I don't agree with everything in the book, especially about taking mediocre vacations, I highly recommend it for any high-achiever that needs to take it down a notch. That's all I have to say

because if I go into writing a long review, then it means I'm trying to hard to impress someone. For today, I just want to be lazy and average. Read the book, it's good. 0 of 0 people found the following review helpful. Not as mediocre as you'd think...By Michael StutzThe book is a dead-on funny appraisal of our life and times disguised as a self help manual. Stone takes a tone that is good natured, yet turns the screws on our cultural rush to achieve. Taking on family, education, religion, work, and friends, the book makes the point that mediocrity can bring a sense of acceptance and calm, offering a guide to enjoying life's journey during the time we have. For instance, in his look at vanity, he's solidly in the middle with the rest of us average Joes. Even if we think we are special, Stone points out, if we compare our physical looks to those of the "average" Hollywood actor, we become mediocre pretty quickly. The book constantly displays Stone's self deprecating sense of humor, reinforcing the impact of his observations. It's a good reminder that humility is a generous virtue. It's insightful, and funny, and well worth while. The Kindle/ ebook version has no graphics or cover image , so you miss some of the fun, but at 99 cents why complain? 0 of 0 people found the following review helpful. Loved It!By J. M. HowardAs a person who is average weight, height, and intelligence, I found this book highly enjoyable. It's labeled as a satire, but it actually hits the nail on the head. I struggle with a lot of emotional issues in life, and I've read well over 30 self help books. They're all the same, and I keep making those guys richer. Not any more! Sometimes, we need a good dose of realism. A talented professional athlete for example, would not get why his teammates cannot play to his level. The ugly side of being so talented is the lack of thankfulness. Thanks for a great read.

If there was ever a time in our society when we need to learn how to dial it down a bit, it's now. In this hilarious satire of the EXCELLENCE industry, Stone explains how mediocrity affects all aspects of our life. Mediocrity in our lifestyle, work, love life, friends, church and our bodies. While making you laugh out loud at how ridiculous we really are, he offers a simple solution for those under stress constantly trying to overachieve. He believes we should not be ashamed of being mediocre, rather we should embrace it and enjoy the peace that comes with it.

I thought this book was really funny even though it goes against my overachieving ways. I told my producer to call him and get him on our show. It was fun to have him. --Gretchen Carlson, Host FOX FRIENDSWe got this book in our office and it just cracked us up. Embracing Your Inner Mediocrity is a light-hearted self-help book about the very simple fact that most of us are mediocre. Not failures, just average. The basic message of the book is that the sooner you can accept your place in the middle, the happier you will be. And what's great about this book is Vince's full-on mediocre approach to the book. The cover, for instance. Look at the expression on his face. GENIUS. It's a fun read, and there's something to be said about scaling back our delusions of grandeur...am I right, AIG? --Late Night with Jimmy Fallon (NBC.com)Not everyone is going to be a rock star with thousands of adoring fans. Embracing Your Inner Mediocrity: Making Peace With Reality is an inspirational de-inspirational guide. Not everyone is going to be the absolute best, writes Vince Stone, and sometimes realizing that is the best way to make peace with oneself. A self-help manual that doesn't believe in you, Embracing Your Inner Mediocrity helps the reader restrain his or her ego while remaining focused on being as capable as he or she can humanly be. --The Midwest Book About the AuthorVince Stone is an average guy whose undistinguished success in business pushed him to write a book in hopes of earning some mediocre royalties. When asked why he chose this subject matter, he responded THEY SAY WRITE WHAT YOU KNOW. His goal is to become the nation's leading authority on the subject. Stone did actually get two degrees in communications before settling into the business world. One at Lee University and the other at the University of Tennessee. Strictly B averages. He lives in Tennessee with the overachieving wife and three kids.