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Enough Is Enough: Weekly Meditations for Living Dysfunctionally

Karen Finley

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Karen Finley : Enough Is Enough: Weekly Meditations for Living Dysfunctionally before purchasing it in order to gauge whether or not it would be worth my time, and all praised Enough Is Enough: Weekly Meditations for Living Dysfunctionally:

4 of 4 people found the following review helpful. Laughing!By shannonI have to give 2 thumbs up for this book of laughs. I think everyone grows up in a dysfunctional family to some degree or another whether we know it or not...and the most important thing is to be able to laugh about our faults. Laugh at ourselves...and, at times, laugh at others. This is my second copy of this book as I loaned out the first and never got it back, so I HAD to replace it. If you need a laugh, or want to share one, get a copy, or two...One for you, one to share. Enjoy! Shannon Enough Is Enough: Weekly Meditations for Living Dysfunctionally0 of 0 people found the following review helpful. Wish it was still in print.By John GerityDO give this to someone who grew up in a dysfunctional familyDO NOT give this to someone who is dysfunctional (trust me they WILL mistake it for approval).Finley as always sharp and brutal, but that doesn't mean she can't be humorous about it, and this delivers all of the above.9 of 11 people found the following review helpful. I can't stand Finley and I love this book!By A CustomerI'm sorry but Karen Finley is a big reason why I hate performance art. That's why I was so surprised when I picked up this book and laughed out loud in the middle of the store. It's witty, cynical, beautifully satirical. I couldn't believe this is the same woman who shouts inane trite poetry at her audience in that screechy voice. If you find this book buy it. If you want it from , pay for the finding costs. It's that good.

A humorous take on the self-help revolution provides daily meditations on living with all sorts of fetishes, obsessions, and nasty little dysfunctions. National ad/promo. Tour.

From Publishers Weekly "Multimedia artist" Finley, best known for enraging Jesse Helms with her NEA-funded acts involving yams and chocolate, will enjoy the best sort of revenge if this slyly hilarious lampoon of the self-help and daily meditation genres gains the attention that it deserves. Fifty-two entries instruct post-dysfunctional and recovered readers in such arts as "Bragging," "Being a Bitch" and "Staying in Bed all Day." Bizarre, child-like illustrations of people heighten the humor; the punch line is that Finley's advice on these topics is sound. Each entry ends with a hint, tip, example or motto: "Everything is always more pleasant when we are the center of attention" ("Self-Centering"); "Make sure that you still brush your teeth even if you're staying in bed all day." This slender volume is a potential point-of-purchase phenomenon. Copyright 1993 Reed Business Information, Inc.