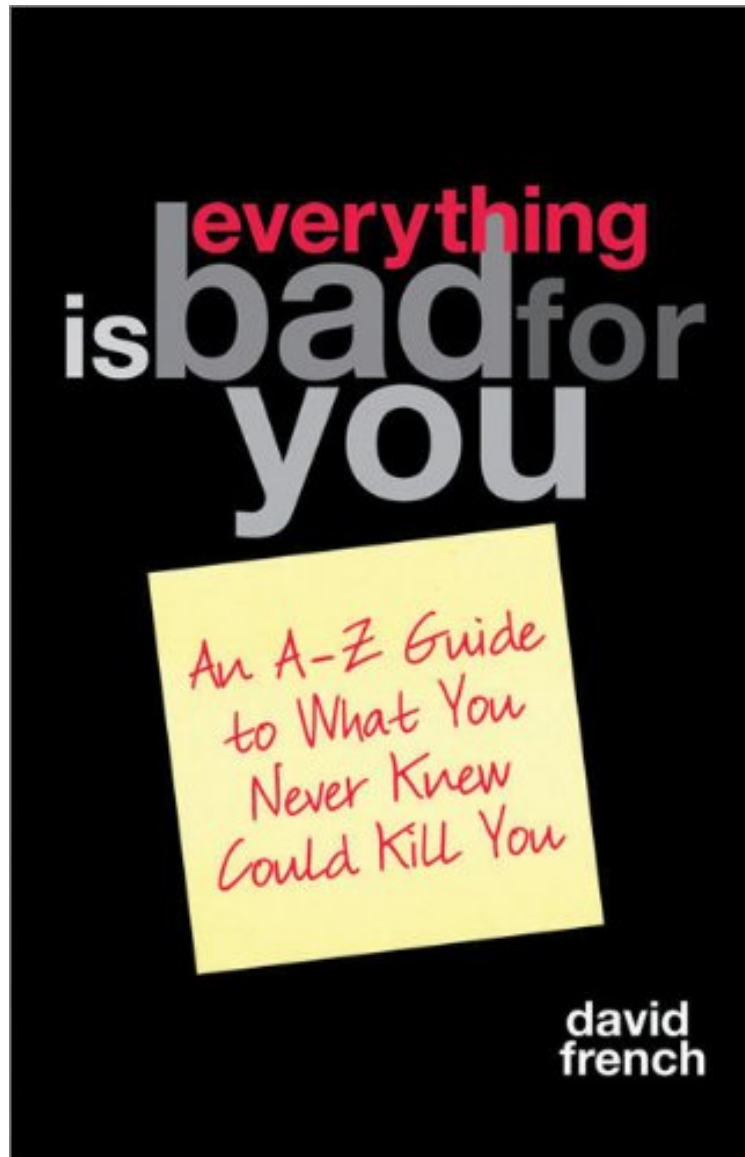


(Download) Everything Is Bad for You: An A-Z Guide to What You Never Knew Could Kill You

Everything Is Bad for You: An A-Z Guide to What You Never Knew Could Kill You

David French

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David French : Everything Is Bad for You: An A-Z Guide to What You Never Knew Could Kill You before purchasing it in order to gage whether or not it would be worth my time, and all praised Everything Is Bad for You: An A-Z Guide to What You Never Knew Could Kill You:

0 of 0 people found the following review helpful. Lots of fun and laughs (don't laugh too much though

because...laughing is bad for you)By CharlesThis book is great fun and should have a permanent home on anybody's coffee table. The only complaint I have is that some of the explanations are kind of far fetched. They had to stretch into the realm of conjecture to explain why some things are bad for you. It IS, however, GREAT to look up things like "Breathing" followed by "Not Breathing" and "Having a child" followed by "Not having children." You are, as they say, damned if you do and damned if you don't. :-)

0 of 0 people found the following review helpful. Great Fun!By Shelly HammondThis is a fun little book. It shows how everything is bad for you, and then adds to how everything is bad for everything. If you are a super paranoid sort, you would probably do best to take this book and read it in your sterilized bomb shelter (which is probably bad for you, which you'll come to find out as you read on). The author has a terrific sense of humor that shines through in the pages of the book. It's quite enjoyable and worth the read.

3 of 3 people found the following review helpful. So you think you're paranoid?By Jessica G.I can honestly say this book can provide hours of entertainment. Who knew that staples caused so many office accidents? Oh and did you know that holy water is actually bad for you?Of course, there are the staple things that everyone knows is harmful to your health- drugs, smoking, drinking. But even with those the author adds at least something you didn't know, plus his little quips make all that drug education pounded into your head in middle school actually funny.The book is in dictionary format- best idea ever. Get this book, then have all your friends shout out something and you look it up. I'm sure it could make an interesting drinking game too, I haven't tried though.If you're a parent and would like to annoy the hell out of your child, if you're a hypochondriac and you need something to blame, or maybe if you're just bored, this is a great book. But if you are paranoid, I wouldn't recommend it. This will definitely not make you feel good.

You've heard about the latest studies and you've read the conflicting reports. You were right to be suspicious-the strange reality is that everything is bad for you.Everything from carpets to camping to water to Norman, Oklahoma, endangers your health, your sense of well-being and ultimately, your sanity. Discover the disturbingly amusing truth: sunscreen is bad for you whether you use it or not-and so is everything else!

About the AuthorDavid French, Ph.D., holds a doctorate in Political Economy from Harvard University and has held a variety of jobs, from disc jockey to university professor. He has lived and worked in Eritrea, Pakistan, Malawi, Nigeria and Angola (where everything is definitely bad for you). He has written for publications such as World Development, New York Times Magazine, the Natural Resources Forum and published Working Communally: Patterns and Possibilities. He currently lives in Dublin, Ireland.