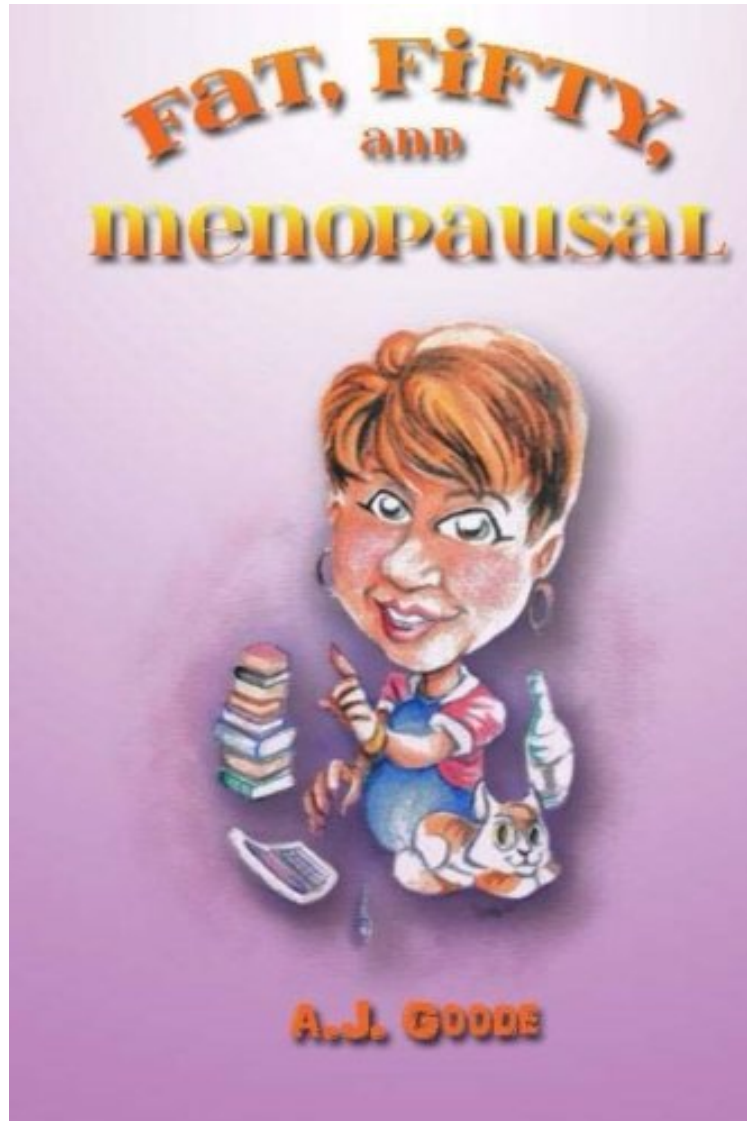


[E-BOOK] Fat, Fifty, and Menopausal

Fat, Fifty, and Menopausal

A.J. Goode

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A.J. Goode : Fat, Fifty, and Menopausal before purchasing it in order to gage whether or not it would be worth my time, and all praised Fat, Fifty, and Menopausal:

0 of 0 people found the following review helpful. FunnyBy RhondaVery funny! Helps knowing other people have the same "extreme" symptoms and can still laugh about it. I will probably read several times!!0 of 0 people found the following review helpful. Three StarsBy DeniseGood.1 of 1 people found the following review helpful. Fat, Funny and MenopausalBy fabulouschrissieI love reading memoirs, and I'd just finished one that was quite sad, so I wanted something to make me laugh. I looked through the downloads on my Kindle and noticed this. That might do the trick...

Oh wow!! What a hilariously funny book! It's very rare I laugh aloud when I am reading a book, but this had me not only laughing, but laughing so hard the tears were rolling down my cheeks! I loved this book so much I am recommending it to all my friends.

A.J. Goode may be fat, fifty, and menopausal, but that doesn't stop her from finding humor in life's imperfections. She confronts middle age with amusement and brutal honesty in this collection of essays on hot flashes, weight gain, dating after fifty, and more. If you're a woman facing middle age, you're no longer alone. You just may recognize yourself in some of the situations in this book, although you may not want to admit to some of the more embarrassing ones. Don't miss this entertaining journey that will take you through everything from speeding tickets to spicy foods, with side trips into sensible shoes and a bad case of "Memory Fog."