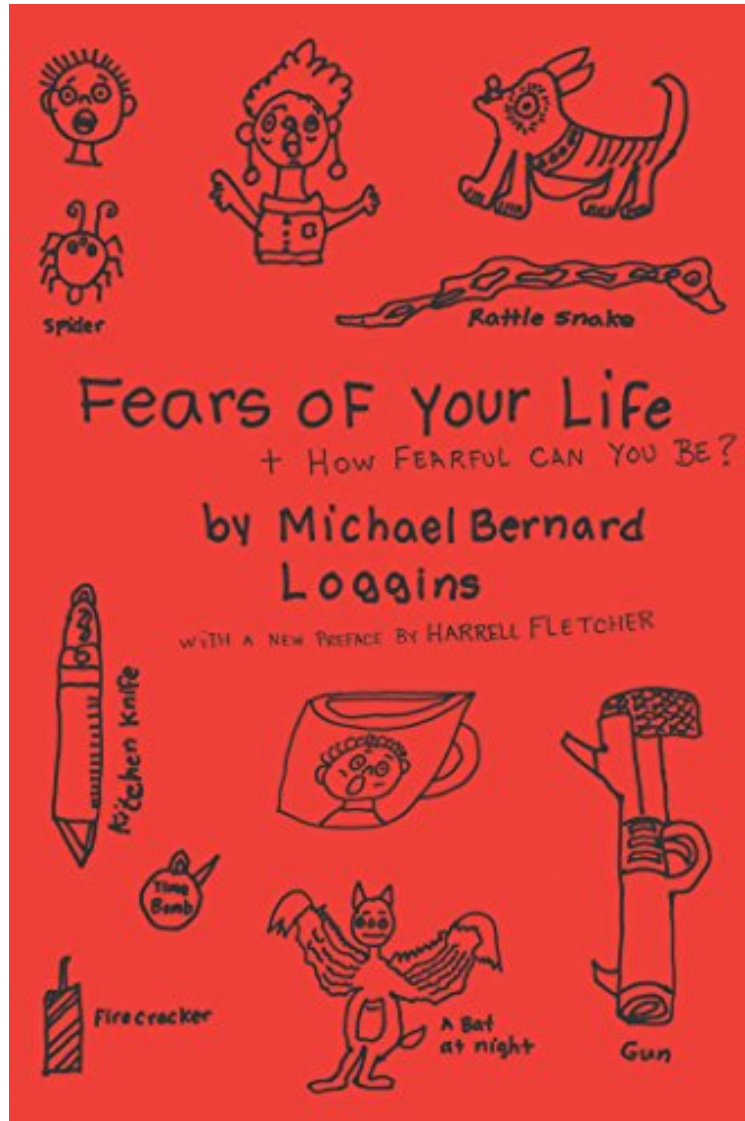


(Mobile book) Fears of Your Life

Fears of Your Life

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From Manic D Press, Inc. : **Fears of Your Life** before purchasing it in order to gage whether or not it would be worth my time, and all praised Fears of Your Life:

4 of 4 people found the following review helpful. Truly TouchingBy Tina ThomasThis was a book that I simply HAD to own. After random picking up from the local library, I was pleasantly surprised to read not a story, but a human being's feelings, thoughts and emotions transcribed to paper in what must be his own handwriting. The charm of this book not only comes from the self-made fonts, illustrations and word balloon notations, but the fact that this

"developmentally disabled" man, Michael Bernard Loggins has let us in to his own world. If but for a few moments. We see, feel and hear what it is like to walk down the street, sit at home, and do everyday tasks while being incredibly in touch with that most intrinsic part of ourselves, FEAR. This book is in my opinion, life-changing, as it brings us to realize that there are many fears, that-no matter how silly or improbable- bother,haunt and hold us back (even with out us noticing) that we all share.0 of 0 people found the following review helpful. Michael does and excellent job of voicing hisBy Paula A. HautzEveryone has fears. It doesn't matter who or where you are. Michael does and excellent job of voicing his, and ours4 of 4 people found the following review helpful. my gift for all my close friends this holiday season (2006)By Louie's MomYou will miss out if you don't read this aloud. For some reason, hearing it, even if you read it to yourself, is critical - some people say this about poetry. I heard a portion of it read on NPR and I was so moved I had to pull the car over and wait till the reader stopped before driving again. I assume some of the proceeds go to the non-profit where the author goes regularly, so that makes me feel even better about buying this book for friends.

"I write down my fears, my scariness and my frightfulness. This is an understanding process. It helps me real good."—Michael Bernard LogginsEverybody has fears in common, and in this unique handwritten book, the author (an adult with developmental disabilities) battles his fears by listing more than 138 of them. This new edition of the cult classic made famous by NPR's This American Life includes 60 new pages of illustrated portraits from the previously unpublished "How Fearful Can You Be?"Michael Bernard Loggins lives in San Francisco, California, and worked for many years with Creativity Explored, an art studio for adults with developmental disabilities.