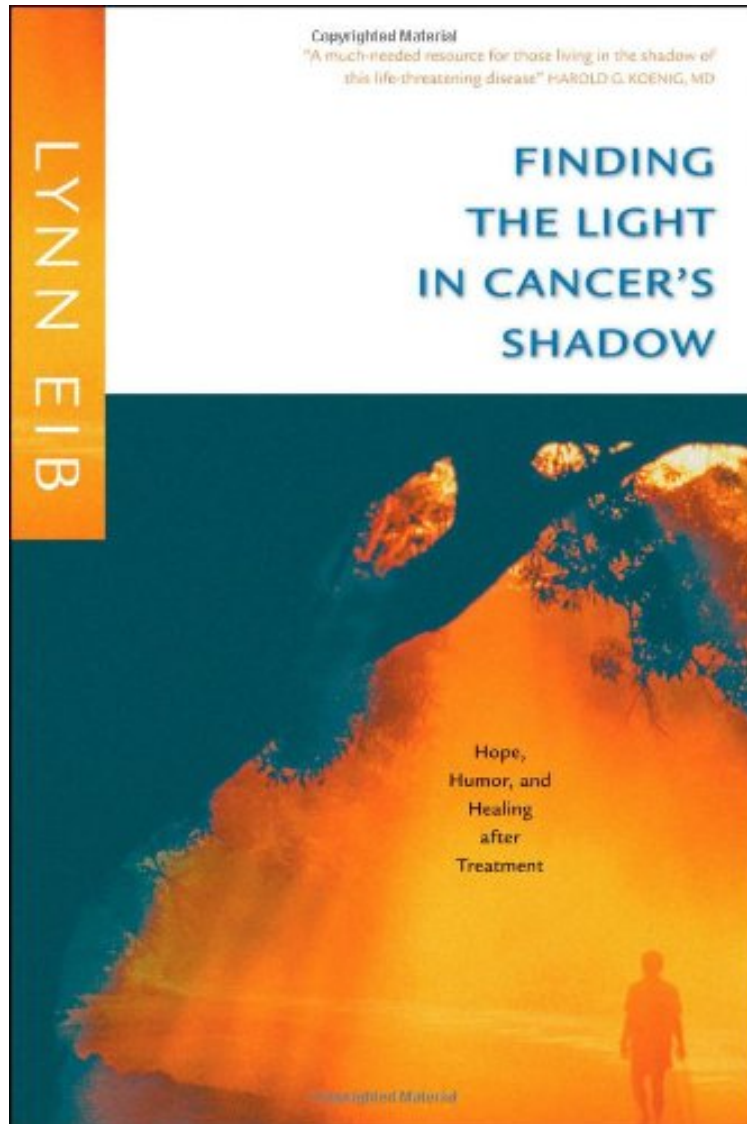


(Mobile ebook) Finding the Light in Cancer's Shadow: Hope, Humor, and Healing after Treatment

# Finding the Light in Cancer's Shadow: Hope, Humor, and Healing after Treatment

Lynn Eib

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**Lynn Eib : Finding the Light in Cancer's Shadow: Hope, Humor, and Healing after Treatment** before purchasing it in order to gage whether or not it would be worth my time, and all praised Finding the Light in Cancer's Shadow: Hope, Humor, and Healing after Treatment:

1 of 1 people found the following review helpful. This book is helping me live in "the shadow".By Kindle CustomerI read Lynn Eib's "When God and Cancer Meet" during cancer treatment and loved it. This book takes survivors further

on in the journey and gives compassionate and practical help on how to cope with the what ifs. Lynn, a cancer survivor herself uses both humor and a deep faith in God to assures us all that, with the Lords help we CAN live joyful lives as cancer survivors, even if we all are a bit "paranoid"! I still have a little trouble with worry and anxiety, but everytime I read this book I am stronger and more faith-filled. It is one of three books which I own on Kindle and as a hard copy. It is truly that inspirational to me. 2 of 2 people found the following review helpful. Good, upbeat book for the aftermath of cancer. By JillinoisRN It's nice to have a book about dealing with cancer that isn't a downer. I love good humor, and as an RN, am used to finding humor in things that really aren't funny... it's how I coped with leukemia. But after treatment, it's almost more stressful when any little thing comes up, and there are the lingering questions of "has it come back?"... Nice to have a book that deals with that. 0 of 0 people found the following review helpful. Positive and Uplifting Book for Cancer Patients. By grwildlife This is a really good book for anyone that is doing well with cancer treatment or in remission. The author is very open and frank about her experience/emotions that she and other cancer patients have gone through. She does a great job of "telling it like it is" and she uses humor mixed in to make it real. I would recommend this book to everyone that is past the initial shock phase of cancer treatment.

Coping with cancer is sometimes more emotionally difficult after treatment than during it. There's a shadow of cancer hanging overhead and so few who really understand survivors' unique needs. With her trademark humor and straight talk, patient advocate Lynn Eib takes on the tough questions cancer survivors often ask themselves yet rarely speak out loud: Is everyone as paranoid as I am? How do I stay positive? What if the cancer comes back? Eib weaves the story of her own experience as a longtime cancer survivor and those of other survivors into this hope-filled, practical book designed to move readers out from cancer's shadow and into renewed purpose and joy.

"A much-needed resource for those living in the shadow of this life-threatening disease." -- Harold G. Koenig, MD Professor of psychiatry and behavioral sciences Founder and co-director, Center for Spirituality, Theology, and Health Duke University, Durham, North Carolina "If you or someone you love is struggling with the fear and uncertainty of cancer's shadow, here's your flashlight." -- Dave Dravecky (desmoid cancer survivor since 1988) Dave Dravecky's Outreach of Hope Ministry, Colorado Springs, Colorado "This book is one...I can enthusiastically recommend to my patients—and to you." -- Walt Larimore, MD Family physician, medical journalist, and best-selling author of God's Design for the Highly Healthy Person "This extraordinary book is inspirational, uplifting, and comforting to anyone facing cancer and to those ministering to them." -- Jane E. Rice (breast cancer survivor since 1990) Vice president, public relations Utz Quality Foods, Inc., Hanover, Pennsylvania "We commend Lynn Eib for her powerful collection of witnesses to hope." -- George Gallup (prostate cancer survivor since 1993) Kingsley Gallup (breast cancer survivor since 1999) The George H. Gallup International Institute, Princeton, New Jersey From the Back Cover "You've survived surgery, chemotherapy, or radiation . . . maybe all three. So why aren't you deliriously happy?" Coping with cancer is sometimes more difficult "after" treatment than "during" it. The grueling procedures may be thorough—perhaps all signs of cancer are even gone—yet the shadow of fear and uncertainty often lingers over cancer survivors and their families. With her trademark humor and straight talk, cancer patient advocate Lynn Eib takes on the tough questions cancer survivors often ask themselves yet rarely speak aloud: "What if my cancer comes back? How could I ever stand additional treatments? Will life ever be normal again? Why can't I stop worrying?" In this hope-filled book, Lynn weaves the story of her own experiences and those of other cancer survivors with true grace and wisdom instead of pat answers or platitudes. In these inspiring accounts, you'll discover how God can help you move out from the shadow of cancer and find renewed purpose and joy. About the Author Lynn Eib, author of When God Cancer Meet is a cancer survivor, journalist, and cancer patient advocate. The Cancer Prayer Support Group she founded in 1991 is one of the oldest such groups in the country. Lynn lives in Pennsylvania with her husband and has three grown daughters.