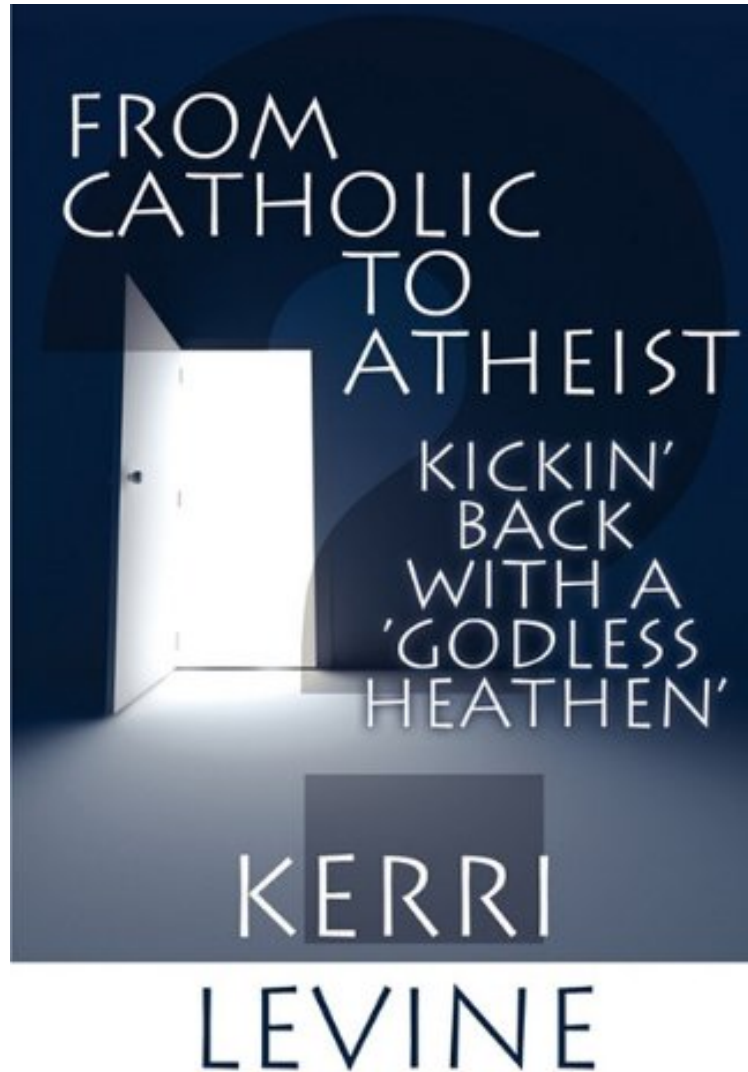


(Ebook free) From Catholic to Atheist: Kickin' Back with a 'Godless Heathen'

From Catholic to Atheist: Kickin' Back with a 'Godless Heathen'

Kerri Levine

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Kerri Levine : From Catholic to Atheist: Kickin' Back with a 'Godless Heathen' before purchasing it in order to gage whether or not it would be worth my time, and all praised From Catholic to Atheist: Kickin' Back with a 'Godless Heathen':

0 of 0 people found the following review helpful. I will keep looking...By CeeJayThere was no review when I

purchased this book so I thought I'd throw my two cents in. The author's description of her upbringing in the church and the impact it had on her emotions and thought processes mirrored my experience to a "t". I found her narrative to be relatable and validating even though my experience with Catholicism carried extensively into my adulthood whereas she extricated herself in her teens. That being said, the rest of the book was not what I expected. I didn't find any new information here or any conclusions that I had not already drawn myself. If you're looking for help with navigating the emotional intensity and spiritual disorientation that occurs as you process your emotions, reframe your beliefs and thought processes while deconstructing your religious underpinnings, you won't find the answers here. She doesn't make any suggestions at all to this end. For those of us with deeply embedded trauma and negative emotional and mental patterning, thinking a different way or finding the truth doesn't undo the subconscious patterning, nor does it soothe the still terrified inner child who's subconsciously running our emotional show. Continue your search (as I will) if you're looking for those kind of answers. In this book the author uses two distinct voices with two very different moods. One is of a well read, well researched individual who's addressing a very complex and sensitive subject from the viewpoint of a scientist or researcher. The other voice is very colloquial and I feel like I'm listening to an irritated teenager on a rant who throws in a regular supply of expletives and neighborhood slang. I don't find either voice to be offensive in the right context. However, the juxtaposition of the two can be a bit jarring as she shifts from one voice and mood to the other mid paragraph or mid chapter. If her intention was to create an emotional rollercoasting effect to mimic her experience in the church, then she's certainly accomplished that. That being said, it's not done with an expert hand because it makes for quite a bumpy read. Within the first few pages of the book, the publisher makes a note that the author chose to publish the book without editorial review or input. I think this choice did not serve her well. An editorial eye would have made the transition between her voices more smooth (or would have eliminated the second voice entirely) and it would have alleviated the consistent spelling and grammatical errors that are present throughout the book.