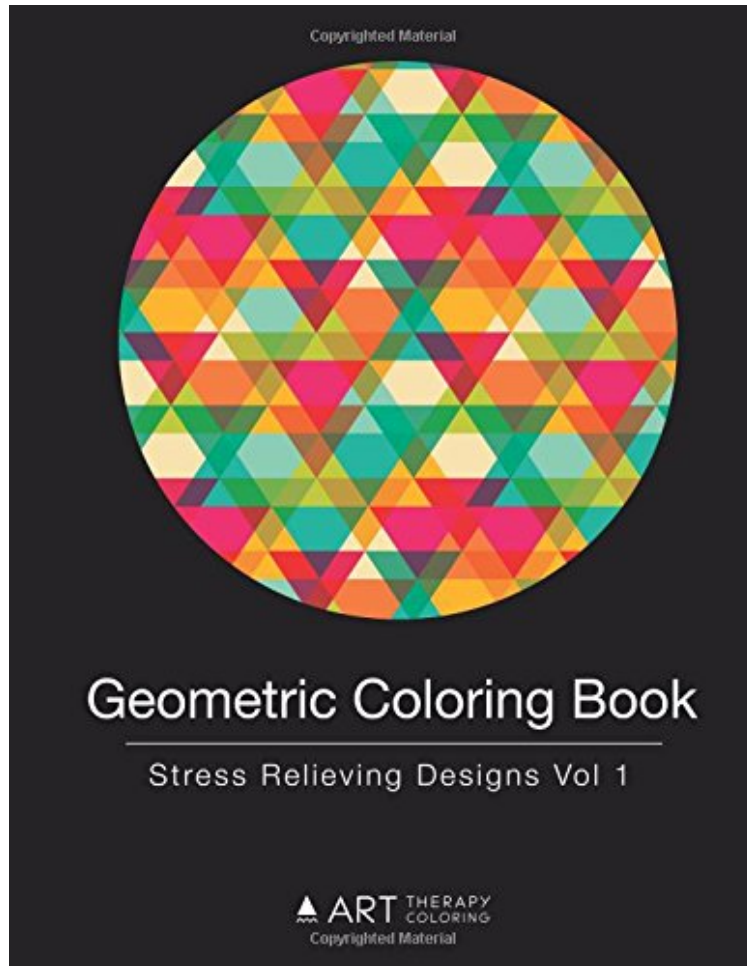


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# Geometric Coloring Book: Stress Relieving Designs Vol 1 (Volume 1)

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**Art Therapy Coloring : Geometric Coloring Book: Stress Relieving Designs Vol 1 (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Geometric Coloring Book: Stress Relieving Designs Vol 1 (Volume 1):

Geometric Coloring Book: Stress Relieving Designs Vol 1 This Geometric Coloring Book: Stress Relieving Designs Vol 1 by Art Therapy Coloring is filled with adult coloring pages of fascinating and mesmerizing geometric patterns. It is filled with over 30 stress relieving adult coloring sheets that are visual representations of mathematical concepts, which are sometimes very complex. Geometric coloring pages can be a lot of fun to color. When you color a

geometric pattern you aren't constrained by a concept of what the coloring page should look like. Geometric coloring pages can be colored in a systematic way or in any way that pleases you. Geometric coloring pages are superb for unleashing your creativity. There are no limits to the color schemes that you can use. You are free to explore a multitude of possibilities and patterns. Color to your heart's desire with this volume 1 of our geometric coloring book series! Geometric Coloring Book: Stress Relieving Designs Vol 1 will give you the coloring experience you crave with delicate and ornate geometric patterns or simple and bold geometric patterns. There are complex coloring pages that will stretch your abilities and challenge you and there are coloring pages that are easier to color. You will find a unique creative challenge in coloring geometric patterns if you have only explored coloring pages that depict flowers, leaves, birds, or fish. There is more freedom in coloring geometric coloring pages, yet there are more decisions to make. Your geometric coloring pages will look amazing no matter how you color them, so feel free to stretch your creative wings and have fun! Art Therapy's Anti-Stress Coloring Books Adult coloring pages with over 30 designs Good variety of gorgeous designs that will fit most people's tastes You can color the whole design because the designs don't go into the spine No newspaper print - we use quality white paper! Reduces stress and increases focus 10% of proceeds go to support pancreatic cancer charities Anti-Stress Coloring Books Color enthusiasts often find coloring in adult coloring books to be very similar to meditation in that it quiets the mind. The geometric coloring pages in Geometric Coloring Book: Stress Relieving Designs Vol 1 can be even more meditative than other coloring pages because you are absorbed in a world of abstract shapes that have beautiful patterns. One of the benefits of coloring in adult coloring books is that it can reduce stress and make you calmer. Coloring can decrease your heart rate and lower your blood pressure. If you color on a regular basis, you can be more relaxed and have more joy in your life. Here at Art Therapy Coloring, we have created this stress relieving coloring book with an assortment of adult coloring pages. With a variety of styles and designs from several talented artists, you are sure to find a multitude of adult coloring sheets that will suit your mood. In our Geometric Coloring Book: Stress Relieving Designs Vol 1, we have included a variety of geometric designs for you to color and enjoy. Adults everywhere are rediscovering the delightful joy of coloring in anti-stress coloring books for adults. It is incredibly fun to sit down and color your favorite adult coloring page. At Art Therapy Coloring, we have created many anti-stress coloring books that allow you to enjoy the simple pleasure of coloring. If you are ready to sit back and enjoy coloring with all the benefits that it offers, buy a copy of Geometric Coloring Book: Stress Relieving Designs Vol 1 today and experience the joy of coloring for yourself!