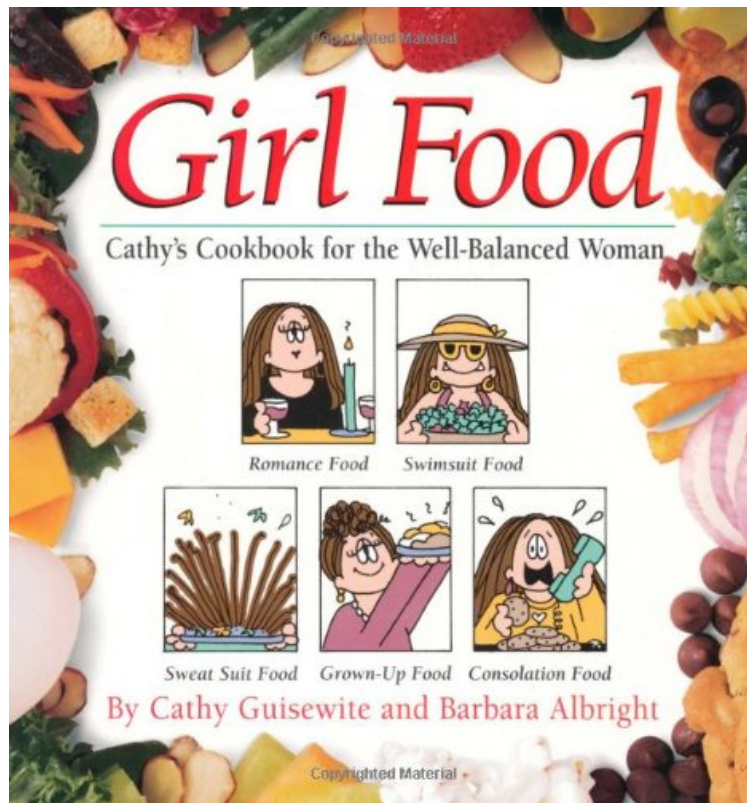


Girl Food

Cathy Guisewite

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#2970776 in Books Guisewite 1997-06-01 1997-06-01 Original language: English PDF # 1 7.18 x .66 x 7.64l, .80 #File Name: 0836231732144 pages Girl Food Cathy s Cookbook for the Well Balanced Woman | File size: 59.Mb

Cathy Guisewite : Girl Food before purchasing it in order to gauge whether or not it would be worth my time, and all praised Girl Food:

0 of 0 people found the following review helpful. Five Stars By Jd_Az Such a cute book. Had received one as a gift and bought this for someone else. 1 of 1 people found the following review helpful. Where's Cathy?? By Elsie As a die-hard Cathy fan, just bought this book without looking at it..expected more cartoons, a larger book. The recipes seem to be those you can find in any cookbook - mashed potatoes?? hot fudge sauce?? Very disappointed. If there was more about Cathy in the book it might be worth it..but this was waste of money. 0 of 0 people found the following review helpful. "Cathy" fans rejoice and try the hot fudge sauce recipe! By Cyndee Nideter If you like(d) the "Cathy" comic strip, you'll want this book as a completest for your collection. I enjoyed the recipes, but especially enjoyed the illustrations and narration. Would be a really cute Christmas or birthday gift for a woman who collects "Cathy" or cookbooks, because they won't have this one, I guarantee. An unusual thing to see it on Kindle, and I applaud it!

Here in one book, each woman will find a voice; each woman will find a recipe. Cathy's fights with food are legendary. She battles the bag of chips, the last piece of cake, the chocolate that calls her name. Now, in this delightful cookbook, the creative cartoon figure finally puts her fondness for food to work for the benefit of all womankind. It's all about

Girl Food! Co-authored by cartoonist Cathy Guisewite and food writer Barbara Albright, Girl Food dishes up recipes in ways women really think about eating. Five categories--from Romance Food to Swimsuit Food to Consolation Food--contain taste-tempting recipes for all occasions. Whether the reader's trying to woo or she's ruing the day she ever met him, Girl Food serves up just the right kind of nourishment, with a dash of Cathy's special humor. Consider these tasty morsels: * "He Actually Believed Me When I Said I Could Cook" Seduction Steak With Portobello Mushrooms* "Why Did I Volunteer To Bring Something" Party Pasta Salad* "The Proposal Is Due; I Lost The File; I'm Staying Home" Chicken Soup All of Girl Food's eighty recipes were developed by Albright, a registered dietitian, former editor-in-chief of Chocolatier Magazine, and author of numerous best-selling books on baking. Cathy--who personally tested every recipe--appears throughout the book, giving bonafide fans a chance to cook and commiserate with one of their favorite food friends.

From Booklist Cathy, the cartoon alter ego of anyone, female or male, who uses food as an antidote to frustration, has for years delighted readers with her comic compulsive behavior. Cathy's creator, Cathy Guisewite, has collaborated with food editor Barbara Albright to create a volume of recipes to help Cathy's female fans cope with real-life maddening males. Fortunately for Cathy, the foods that comfort her are simple ones, easily prepared, but their titles have more words than the ingredient list. Hence, the book suggests an "After Five Hundred and Two Dinners and Four Hundred and Twenty-Seven Cups of Coffee, I Think It's Time to Get Serious Marry Me Mousse," an airy foam of chocolate and whipped cream perfumed with raspberry liqueur. Cathy's comforting foods divide into such categories as "Romance Food," dinners with seduction potential; "Swimsuit Food," low-fat dishes for shedding pounds; and "Sweat Suit Food," food to console while avoiding exercise. Albright's women's magazine recipes won't challenge anyone but the most inexperienced beginning cook. Mark Knoblauch About the Author Cathy Guisewite launched Cathy in newspapers in 1976, becoming one of the few female cartoonists to hit the daily strip Big Time. Cathy Guisewite's many awards include a 1993 Reuben Award for Outstanding Cartoonist of the Year and an Emmy for Outstanding Animated Program for her CBS Cathy special.