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Louie Anderson

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Louie Anderson : Goodbye Jumbo...Hello Cruel World before purchasing it in order to gauge whether or not it would be worth my time, and all praised Goodbye Jumbo...Hello Cruel World:

0 of 0 people found the following review helpful. Goodbye Jumbo: Hello Cruel World By Joel Boone This book gives an optimistic outlook on life from someone who had to overcome some obstacles (his weight etc.). Anderson argues convincingly that "you can achieve anything if you want it badly enough". He intermingles enough humor from his actual experiences in life to keep the serious parts from becoming monotonous. 0 of 0 people found the following review helpful. Hilariious !!!! By K. Mann I lived in a family very similiar to Louie! Listening to his tape enabled me to laugh out loud about my own family circumstances. The tapes help to soothe my soul and bring the truth about alcoholic family life into the open. I would like to buy this in DVD or CD form so I could buy the rest of my siblings this audiobook for Christmas. I am one of nine. 0 of 1 people found the following review helpful. Five Stars By Customer I was pleased with my book

Louie Anderson, celebrated comedian and author of the bestselling *Dear Dad*, returns with an inspiring, insightfully funny exploration of his relationship with his mother and of his physical and psychological battle to overcome his addiction to food. Satellite TV tour.

From Publishers Weekly Rotund comedian Anderson, who frequently appears on late-night television, knows that "fat jokes" aren't funny. In examining the source of his addiction to junk food, he here expands his search for self-

understanding begun in his first book, *Dear Dad*. One of 11 children of an abusive, alcoholic father and a complacent mother who treated the family's hurts with massive amounts of food, Anderson chronicles the steps he has taken--forward and back--to find the causes of the low self-esteem he expresses in overeating. Comparing himself to the circus elephant Jumbo, he leavens his sad personal journey with wry humor and bits from his comic routines. He notes that his candid evaluations of family relationships facilitate an emotional healing that allows him--as he suggests it will others--to better care for his body. Copyright 1993 Reed Business Information, Inc. From Kirkus's *Weightless* epiphanies about losing weight from Anderson, professional comedian and bestselling author of *Dear Dad* (1989). Anderson's earlier surprise hit was low-key but effective as he faced his dead alcoholic father with unmailed letters that relieved his low self-esteem. Dad usually called him "lard-ass," a memory that kept Anderson walled up in food until he joined Adult Children of Alcoholics and entered therapy. The present book focuses largely on Anderson's life before therapy and ACOA, with the prosperous but unhappy young comic having to stand on side-by-side scales to weigh his 360-plus pounds (he suggests at one point that he topped 400). Anderson bemoans the failure of diets to keep his weight off--weight he has lost repeatedly--and determines that his entire family of 11 siblings became dysfunctional (nine of them overweight) not only because of Dad but also because of Mom, who covered over the family pains with food. Anderson was grossly fat when he began school and only got worse. Throughout, he presents us with a laundry list of discoveries about food being a defense against you-name-it. Meanwhile, he feeds a mania for antique furniture that eventually finds him renting three storage cubicles for his excess chairs and a lifetime's gathering of junk. We follow him into a few fat farms and hospitals, give him a half-cheer when he buys a treadmill, and spend some binges with him. His final epiphany is a love-bearing letter-writing campaign to his siblings as he tries to unite them into a happy family. And he sells his antiques and million-dollar home in hopes of uncovering the bare bones of his inmost being. Thin, even surly, vaporings that will sell like buttered hotcakes. -- Copyright ©1993, Kirkus Associates, LP. All rights reserved. About the Author Standup comic LOUIE ANDERSON is also an author and game show host.