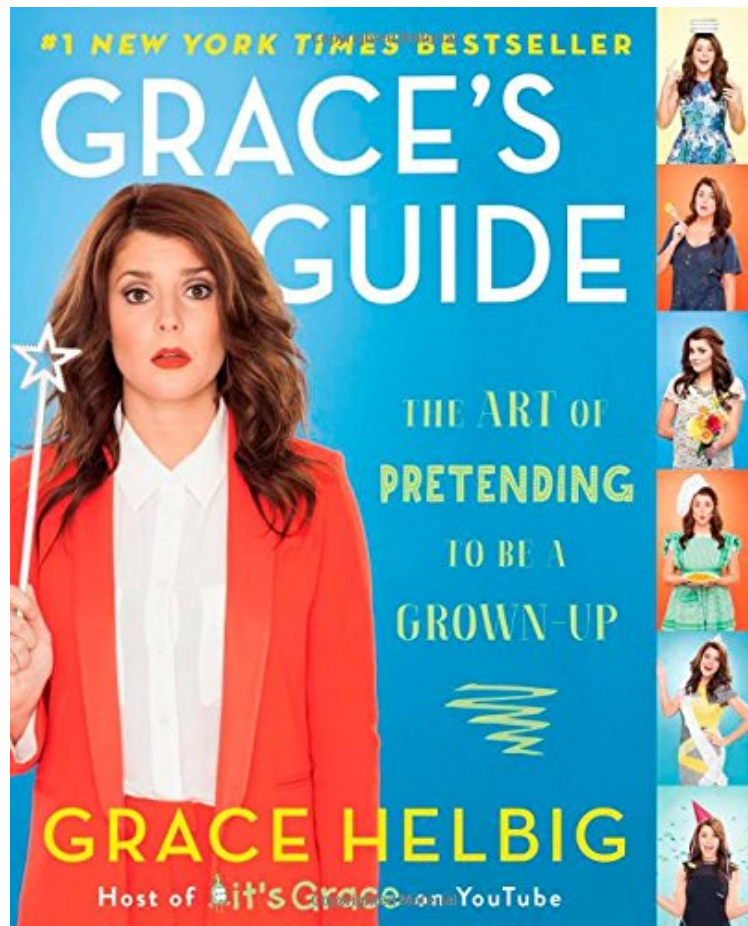


Grace's Guide: The Art of Pretending to Be a Grown-Up

Grace Helbig

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Grace Helbig : Grace's Guide: The Art of Pretending to Be a Grown-Up before purchasing it in order to gage whether or not it would be worth my time, and all praised Grace's Guide: The Art of Pretending to Be a Grown-Up:

57 of 60 people found the following review helpful. Incredible master pieceBy PaulaProbably one of the best things the Internet has puked into the real world45 of 47 people found the following review helpful. Grace is everythingBy Logan SextonCan't put this book down. It is amazing. Grace not only knocked this book out of the park; but she tied it down, dripped hot wax on it and made it her bitch. Loved every word.50 of 55 people found the following review helpful. Highly Recommended for Intended Audience and Senior Adults Going Online.By @DrCarlHoffmanTwenty years ago I was a manager. On several occasions I hired people right out of college. Many times I would remind myself by saying, "I wish schools offered a course entitled Life 101" because many of these young people had no clue. Grace Helbig's new book entitled, Grace's Guide: The Art of Pretending to be a Grownup should be the textbook. She is a successful millennial who gets what it means to be successful without alienating people. The reason I say this is because the book comes across as so honest as she talks about the pain in her life like panic attacks. How can you not

like someone like her? Her book gives you permission to love yourself despite your flaws. Here is a sample of her sage advice on the subject of making friends. “Surround yourself with people who are the ketchup to your french fries—they make you a better version of yourself. Yes french fries are amazing on their own, but combined with ketchup they are a force. Spend time with people who bring out your true flavors but don’t overpower you.” The book is a quick and easy read as it is organized around chapters. Each chapter has a personal antidote followed by a list with short blurbs that are arranged in an acrostic. This is followed up with “Mom’s Words of Wisdom. An example is “Remember everyone is try to make their way in the world. So don’t be like the speedboat that splashes everyone when you go by. Be the elegant sailboat that leaves everyone with their mouths open saying “Wow!” While the intended audience is older teens and young adults there is sage advice in the last chapter for senior adults like me entitled Tips for Living Online.

#1 New York Times Bestseller By the host of The Grace Helbig Show on E! and the it’sGrace YouTube channel, comedian Grace Helbig offers an irreverent and illustrated guide to life for anyone faced with the challenge of growing up. Infused with her trademark saucy, sweet, and funny voice, Grace’s Guide is a tongue-in-cheek handbook for millennials, encompassing everything a young or new (or regular or old) adult needs to know, from how to live online to landing a job to surviving a breakup to decorating a first apartment, and much more. Charmingly illustrated, Grace’s Guide features full-color photos, interactive worksheets, and exclusive stories from Grace’s own misadventures, including her disastrous interview for NBC’s Page Program, her lifelong struggles with anxiety, the first (and also last) time she entered a beauty pageant, meeting her first boyfriend at a high school Latin convention, and many other hilarious lessons she learned the hard way. Amusing and unexpectedly educational, this refreshing and colorful guide proves that becoming an adult doesn’t necessarily mean you have to grow up.

"Grace Helbig is my spirit animal and I would gladly take her to lunch at Macaroni Grill so we could talk Latin conventions, first love, and hangover remedies. I wouldn't even expect her to put out."—Jenny Han, author of *To All the Boys I've Loved Before* "Grace Helbig is one of the funniest, most creative beings on this damn planet and if you don't read her book and enjoy the crap out of it you simply hate wonderful things." (Chris Hardwick, host of *@midnight* on Comedy Central and founder and CEO of Nerdist Industries) "Grace Helbig is a sparkly vessel of wit and fun!" (Andy Cohen, author of *Most Talkative*) "Grace's genius is to make you laugh even when faced with something as mundane (and terrifying) as a job interview. And her honesty about her struggles with anxiety is particularly inspiring. I've been an adult longer than Grace, but I was doing it wrong. After reading this book, I bought six dozen sticks of deodorant, put my underwear outside my front door, and rolled around on the floor in a blanket taco. Thanks, Grace!" (Maureen Johnson, author of *13 Little Blue Envelopes*) "I've always looked up to Grace Helbig—and not only because she's a giantess!—because she has the extraordinary ability to accomplish whatever she sets out to do. I think this book is a testament to that." (Hannah Hart, author of *My Drunk Kitchen*) "Helbig isn't a flash-in-the-pan Internet personality . . . she's a brilliant comedienne." (LA Weekly) "One of YouTube's most endearing personalities." (Variety) "This book is just like Grace Helbig--hilarious, bright, and will cut you when you least expect it. Seriously, paper cuts are no joke. This is high-quality paper stock." (Mamrie Hart, Host of *You Deserve a Drink* on YouTube) "Hilariously honest without missing a beat, Grace brings her irresistible voice and lovable personality to *Grace's Guide*. #MustReadImmediately." (Tyler Oakley) About the Author Grace Helbig, author of the #1 New York Times bestselling *Grace's Guide*, is a comedian, actress, YouTube personality, and host of *The Grace Helbig Show* on E! She previously hosted *DailyGrace* on My Damn Channel, before leaving in January 2014 to create her own YouTube channel, *it'sGrace*, which has more than two million subscribers and 150 million views. Grace is the executive producer and star of the feature film *Camp Takota*. She is the winner of the People's Voice Webby Award for Best First Person Format and the Streamy Award for Personality of the Year and Best First-Person Series. Grace has been named one of *Variety's* 10 Comics to Watch, *Fast Company's* 100 Most Creative People in Business, and *Forbes's* 30 under 30.