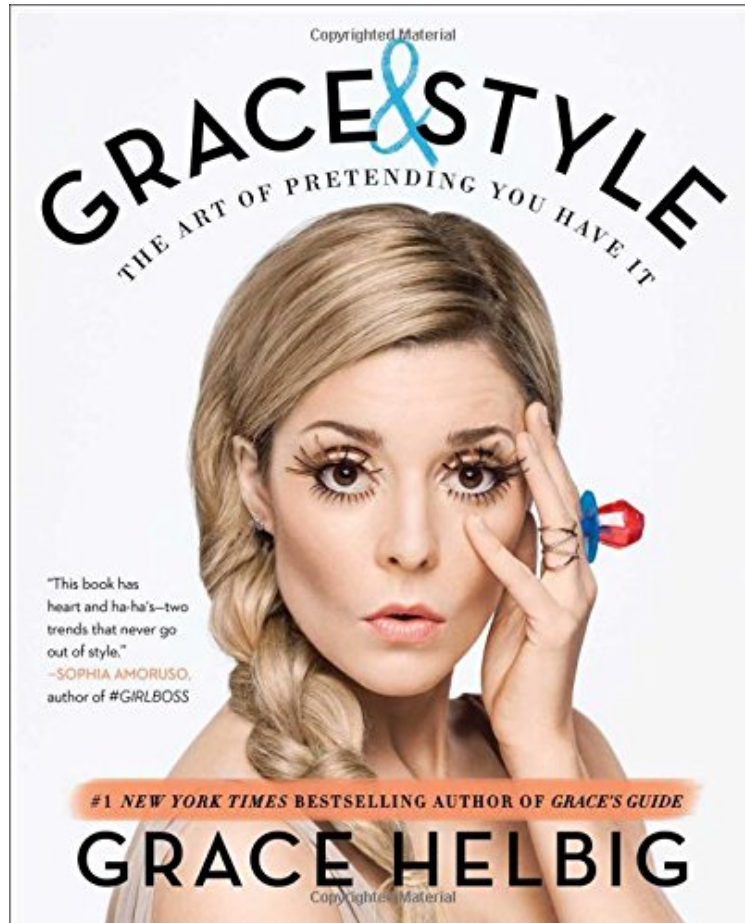


(Library ebook) Grace Style: The Art of Pretending You Have It

Grace Style: The Art of Pretending You Have It

Grace Helbig

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#174641 in Books TOUCHSTONE 2016-02-02 2016-02-02Original language:EnglishPDF # 1 9.13 x .60 x 7.371, .0 #File Name: 1501120581240 pagesTOUCHSTONE | File size: 57.Mb

Grace Helbig : Grace Style: The Art of Pretending You Have It before purchasing it in order to gage whether or not it would be worth my time, and all praised Grace Style: The Art of Pretending You Have It:

13 of 13 people found the following review helpful. She can't hide her beautifulBy A. OsmonA light-hearted but at times deeply thoughtful reflection on the things we hold dear that define who we are. Grace Helbig has an amazing sense for the ridiculousness of this world, and reading her musings reminds us how insignificant our problems just might be. One can't help but walk away feeling a little less burdened, a little more ready to tackle this ludicrous world after reading this text. Ms. Helbig steadfastly notes that this book is not meant to be taken seriously, but in doing so reveals a much deeper part of her being - a charming comedic therapist who will rake herself across the coals if it means you might take some comfort.Read this - it goes fast, brings a smile, and forces some personal reflection along the way.6 of 6 people found the following review helpful. Blew away my expectations and loved every second of it!

From the #1 New York Times bestselling author of Grace's Guide and the host of The Grace Helbig Show on E!

comes a beautifully illustrated, tongue-in-cheek book about style that lampoons fashion and beauty guides while offering practical advice in Grace Helbig's trademark sweet and irreverent voice. It's clear to see I'm a style icon; remember, you can't spell icon without "con." I love clothes, accessories, and makeup as much as the next lady, man, French bulldog in a sweater, or child whose parents dressed her in a couture Halloween costume, but telling people how they should look doesn't suit me (clothes pun!). I have no authority in that department (I barely even shop in department stores). Instead this is a look at my own silly and nonsensical approach to style, and I promise only some of it is about sweatpants. This book is one part entertainment, one part irreverent fashion fun, and one part personal experience, including: -My closet staples and jewelry MVPs, and what's actually in my makeup bag -All about BLTs and BFFS...that is, Better-Looking T-Shirts and Best Feet Friends -The bad-hair-day character wheel -The Ten Commandments of online shopping -A handy flowchart to help you decide "Should I actually buy this?" -Red-carpet ridiculousness -Grace Expectations: What your denim says about you -And MORE! I'm not stylish—I'm self-aware. I'm not polished—I'm perceptive. I'm not trendy—but I love trying. Because when it comes down to it, "style" is just a simple way of saying "I showered."

"Grace embodies the first cardinal rule of style: don't take yourself too seriously. This book has heart and ha-ha's—two trends that never go out of style." (Sophia Amoruso, author of GIRLBOSS) "Grace Helbig doesn't take fashion (or herself) too seriously, which is what makes her part-parody-part-style-self-help guide GRACE STYLE as funny, relatable, and, well, awesome as she is." (Marie Claire) "YouTube's 'awkward older sister' is ushering in a new era of female friendship and femininity." (Buzzfeed) "For those who enjoy Helbig's sense of comedy, they are in for a great ride. A witty and entertaining jab at what's in vogue." (Kirkus s) "Grace Helbig is my spirit animal." (Jenny Han, author of To All the Boys I've Loved Before) About the Author Grace Helbig, author of the #1 New York Times bestselling Grace's Guide, is a comedian, actress, YouTube personality, and host of The Grace Helbig Show on E! She previously hosted DailyGrace on My Damn Channel, before leaving in January 2014 to create her own YouTube channel, it'sGrace, which has more than two million subscribers and 150 million views. Grace is the executive producer and star of the feature film Camp Takota. She is the winner of the People's Voice Webby Award for Best First Person Format and the Streamy Award for Personality of the Year and Best First-Person Series. Grace has been named one of Variety's 10 Comics to Watch, Fast Company's 100 Most Creative People in Business, and Forbes's 30 under 30. Excerpt. © Reprinted by permission. All rights reserved. Grace Style introduction My eating disorder started during my senior year of high school. WHOA. I KNOW. WAY TO KICK THINGS OFF ON A FUN, LIGHTHEARTED NOTE, HELBIG. But let's just go with it for a second. Because this book, this smattering of my thoughts on style and fashion and beauty, has been a really difficult thing for me to wrap my head around. I assumed it'd be easy to brain-barf some HILARIOUS feelings about tank tops and tube socks onto paper, but every time I tried to sit down to do it, I hit a wall. And then another wall. And another. Any countries out there looking to send a message to their neighbors and need help? Turns out I'm really great at putting up walls. HAHAHAHA, depressing sigh. Once I started investigating why I was having so much trouble writing, I realized that no matter how funny you try to make the concept of beauty, it can still be a personal and sensitive topic for a lot of people, myself included. And I didn't want to pretend otherwise. And I definitely didn't want anything in this book to come across as arrogant or preachy because I've been negatively affected by the people and the images and the concepts touted by the fashion industries, so the last thing I want to do is trigger any insecurities you might have. I wanted to take a second at the beginning of this book to give you a quick overview of my history of insecurity before getting into my present-day reflections on style. This is one part selfish and one part hopefully helpful. Selfish, because one of the ways I got out of the darkest period of my eating disorder was by talking about it; and hopefully helpful, because another way I got out of feeling so alone was by reading a butt-ton of books written by women who had also struggled with their body image. You see, YouTube didn't exist during that time; instead, I bought books hoping to hear someone else's story of suffering so I might feel less alone . . . BOOKS, YOU GUYS. So, who knows, my hope is that sharing this pretty sad personal time in my life might allow one singular person to feel less alone. And that's completely worth it. Or maybe you're just here to find out five great tips for avoiding camel toe. That's great, too! And trust me, we'll get to that!