

Healing Mandalas Coloring Book

Sunny Dawn Johnston
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Coloring Book



#323043 in Books Johnston Sunny Dawn 2015-08-24Original language:EnglishPDF # 1 10.00 x .19 x 8.00l, .39 #File Name: 069251676X80 pagesHealing Mandalas Coloring Book | File size: 31.Mb

Sunny Dawn Johnston : Healing Mandalas Coloring Book before purchasing it in order to gage whether or not it would be worth my time, and all praised Healing Mandalas Coloring Book:

1 of 1 people found the following review helpful. Just say OmBy KDCThere are so many wonderful coloring books on the market right now and it's hard to choose one!I decided to order this one and absolutely love it. The pictures are beautiful! I can't wait to use it. As soon as Christmas is over and my kids get busy with their new toys, I can simply relax and unwind by the fireplace while coloring and soaking in the affirmations.Thank you Sunny Dawn Johnston! I'll be gifting this to my soul sisters :) Namaste1 of 1 people found the following review helpful. my teen and i lov w the bookBy Paula from Ojai CaWhat a great book that inspires the creativity in all of us. My teen daughter and I enjoy doing this activity together but somehow hers always looks so much nocer than mine lol the peaceful time and doing coloring together is priceless5 of 5 people found the following review helpful. Love this meditative coloring book! It's so relaxing!!!!By Joyful OneI have several adult coloring books as it's fast becoming my new favorite way to chill out! This book by Sunny Dawn Johnston is by far my FAVORITE! It's amazing the feeling I get when I meditate into the

pages and let my mind clear and my hands do the coloring! Before I know it- hours have passed and I have created a beautiful healing Mandala. I am beyond delighted with this high quality one sided art book! The paper is very thick and markers and gel pens do not soak through- it's so much fun to work with the different mediums. My next one I will try the watercolor pencils! Thank you Sunny, Lori and Kris for this wonderful meditation coloring book!!!!

Mandalas are ancient symbols of wisdom, guidance, and spiritual connection. Healing Mandalas Coloring Book allows you to relax with these sacred circles finding peace, inspiration, and a new form of expression and connection to both the internal and external worlds. Best-selling Author, Sunny Dawn Johnston, in collaboration with Artist Lori Farrell, have created Healing Mandalas Coloring Book to support YOU in your healing process through these ancient symbols. The mandala is a symbol of the self, and in coloring one, it offers a connection and expression to our innermost thoughts and feelings. You can use these sacred circles as a meditative practice, a healing exercise in times of pain or crisis, an expression of feelings and emotions and of course the simple act of creativity. Featuring 30 unique and inspirational mandala drawings, this book encourages you to use your imagination to create vibrant patterns that help you to release any pain physical, mental or emotional and allow more joy, happiness and peace into your life ... bringing you closer to your true self. Each intricate design will draw your eye inward, shifting your focus toward your center and allowing you to fully relax your mind as you express yourself through these healing mandalas. Complete with expert instruction and design tips, the Healing Mandala Coloring Book will help you find your inner calm and creativity every day. Adults of all ages and even older children will enjoy this special coloring book designed to let go of the worries, fears, and concerns and let the healing begin.

About the Author Sunny Dawn Johnston is an internationally renowned psychic medium, teacher, author and motivational speaker. Sunny was born in Cheyenne, Wyoming, spent the majority of her childhood growing up in Salt Lake City, Utah (living in a metaphysical household), and now resides in Glendale, Arizona with her family. Since early childhood, Sunny has always known she was different and destined to do great things. As a teenager she possessed an innate wisdom and profound awareness of the angelic realm and Spirit world. While she fought those gifts for many years, Spirit ultimately won! After being a stay-at-home mom for ten years, Sunny began working full-time as a psychic medium in 2000. Over the last fifteen years, Sunny has performed hundreds of readings for clients where she's communicated with angels, guides, and their loved ones who have crossed over to the other side. The constant theme she receives from all of these divine entities and loved ones is this: Love never ends! In December 2003, Sunny founded Sunlight Alliance LLC, a spiritual teaching and healing center in Glendale, Arizona. Following her intuitive guidance, Sunny created a place where people could learn how to find and follow their personal spiritual path, recognize and own their natural intuitive gifts, and cultivate a spiritual connection with loved ones who have passed on. Sunny teaches her students that even in moments of adversity, we are not alone; our angels, guides, and loved ones who have crossed over are here to help us. Sunny's message of "love never ends" has drawn thousands of people from all over the world to her workshops, events and private mediumship sessions. Sunny is also a best-selling author of *Invoking the Archangels - A Nine Step Process to Heal Your Body, Mind and Soul* as well as *No Mistakes, Living Your Purpose, Find Me* and her soon to be released book *The Love Never Ends - Messages From The Other Side*. Sunny is actively involved in the spiritual community and frequently conducts informational outreach work. She volunteers her time as a psychic investigator for the international organization FIND ME. This is a not-for-profit organization of Psychic, Investigative, and Canine Search Rescue (SAR) volunteers working together to provide leads to law enforcement and families of missing persons and homicide.