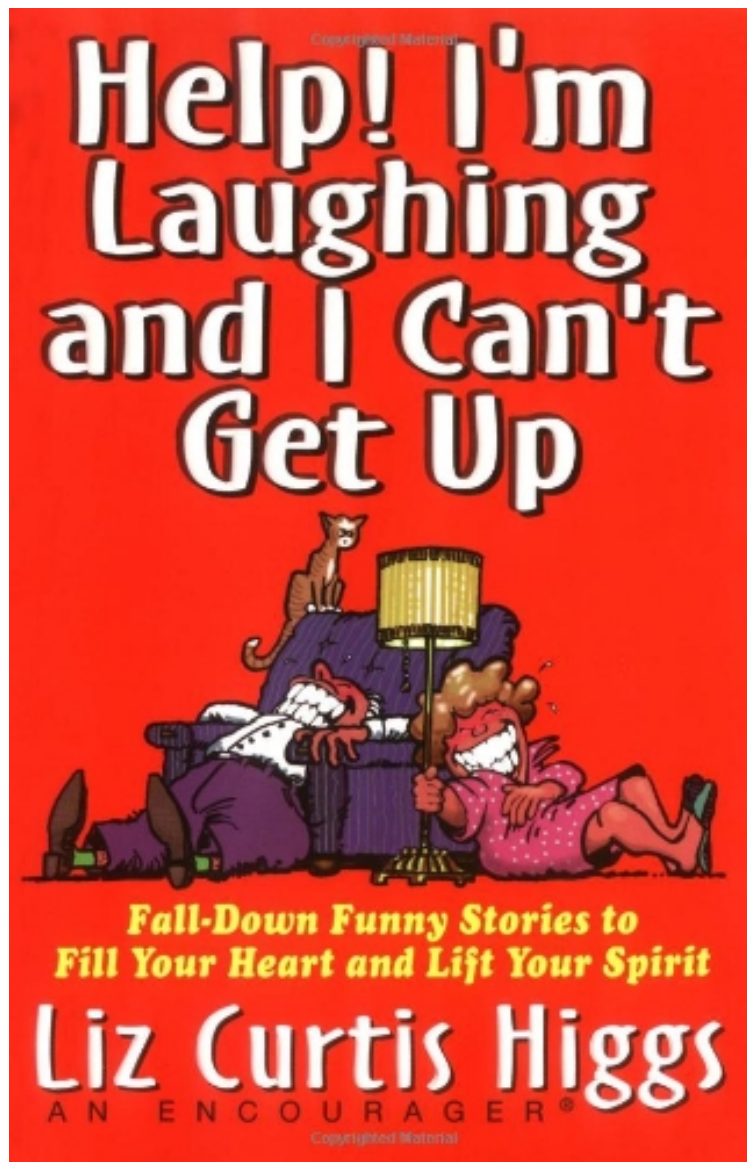


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## Help! I'm Laughing and I Can't Get Up: Fall-down Funny Stories to Fill Your Heart and Lift Your Spirits

Liz Curtis Higgs

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**Liz Curtis Higgs : Help! I'm Laughing and I Can't Get Up: Fall-down Funny Stories to Fill Your Heart and Lift Your Spirits** before purchasing it in order to gage whether or not it would be worth my time, and all praised Help! I'm Laughing and I Can't Get Up: Fall-down Funny Stories to Fill Your Heart and Lift Your Spirits:

3 of 3 people found the following review helpful. a must have !!! :DBy Rose Wilsoni actually bought this bc at the time my sister was battling breast cancer and going thru chemo and radiation .. but bc it was laughter, i wanted to send her something that would pick up her spirits and give her some joy .. she loved it! and has shared it with so many people, who were battling this disease at the same time she was .. she is a survivor of 5 plus yrs now .. i would give this book 10 stars if i could bc i feel it gave not only my sister but so many who needed at the time, many hrs of enjoyment and happiness and i feel that maybe this helped them in their fight against this horrible disease .. they say laughter is the best medicine and i firmly believe that ..this is a must have for anyone who needs a good laugh .. or to be able to smile and enjoy the simplest pleasures ..to be happy and to laugh is a good thing ..0 of 0 people found the following review helpful. Not as funnyBy Alan BI have another Liz recording and have enjoyed it for years. Even called them to ask permission to show at church. When I decided to purchase another video I saw reviews about this one. I must say it was a "let down" compared to the other. This video is more of a teaching video. The other had humorous stories Liz was one of my wife's inspirations to become a Christian Humorist -- telling funny life situation stories that end with with a life changing message.1 of 1 people found the following review helpful. Help I'm laughing .....By VirginiaNot what I was expecting. I was expecting a book that would have me chuckling while I read it. I got it, it had it's funny moments, but was more focused on how living with laughter is a good thing and the healing that laughter brings. Was probably right on when the book was first published, but a little outdated for 2013. I still enjoyed reading it though.

Discover seven reasons why people laugh, plus seven body benefits of laughter. Reveals the four humor personalities...and which category you fit in. Helps readers realize that God gave us a funny bone...we just need to find out how to use it.

About the AuthorLiz Curtis Higgs is an award-winning speaker as well as the author of twenty-eight books, including Bad Girls of the Bible and Thorn in My Heart. Her Parable Series for children has been awarded the ECPA Gold Medallion for Excellence.