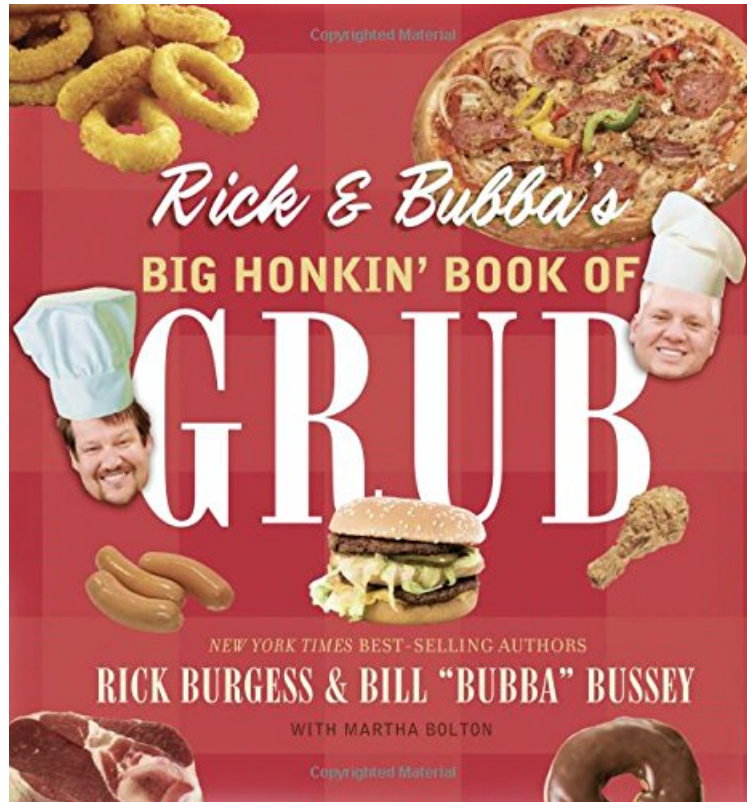


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## Rick and Bubba's Big Honkin' Book of Grub

*Bill Bussey, Rick Burgess*

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**Bill Bussey, Rick Burgess : Rick and Bubba's Big Honkin' Book of Grub** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Rick and Bubba's Big Honkin' Book of Grub:

1 of 1 people found the following review helpful. Not big and honkin'By forever oceans This humor book on food was authored by two Christian radio DJs that I hadn't heard of prior to picking it up. They revel in enjoying food, particularly the typical American high-fat, fried dibles you can find in any good diner worth its weight in salt. The goal of the book appears to be to encourage Americans to eat all the bad food they can while getting some laughs out of it. The book often uses Jesus's love of food and feasting to justify eating large amounts of fried food. I can't help but feel uncomfortable as I recall that not only is gluttony a sin, but that the Bible tells us to glorify our bodies for God (for example, see 1 Corinthians 6: 19-20). I don't believe that deliberately gorging ourselves on the most unhealthy food all the time and keeping ourselves overweight is glorious to God. But I'm not here to preach about how I interpret the word of God - I just say it to offer some food for thought for you. Rick and Bubba give you a parody of dieting called the "Hey, Ya Gotta Live" diet which they say is to "find a level of fat you can live with." They spend a whole chapter discussing their love of meat, and another chapter talking about other favorite foods (hush puppies, casseroles, etc.). Other chapters talk about favorite restaurants (including shout-outs to Five Guys and the Cracker Barrel), food festivals, Rick and Bubba's rules for eating which did make me chuckle out loud, their pet peeves about food and grocery stores, and their own definitions of a few food terms. I have to say that throughout the book it was clear that

their wives are the ones doing most, if not all, of the cooking at home. While the wives don't seem to mind, I think if Rick and Bubba want to eat all this food all the time then they should pitch in for a change! I laughed out loud when one of the guys admitted that during their radio show diatribe about how they should have dressing (also known as stuffing) for dinner every day, a lady called in and wanted to know if they had ever actually tried to make dressing themselves. They admitted they hadn't, and she then said that if they ever had, they would know why. It's a two-day ordeal! It was an okay read. It wasn't nearly as funny as it could've been, but it was interspersed with some interesting recipes. The cover may mislead some into thinking it is a cookbook given its cookbook-like size and the fact that Rick and Bubba are wearing chef's hats on the cover. Other notes: While reading, I could never tell who was supposed to be doing the narrating until suddenly the primary person writing said, "I (Rick)..." or "I (Bubba)..." several pages in. I would either identify the speaker from the get-go or just use "we" the whole time. There was one point where it was briefly implied they were making fun of the concept of tolerance for different people. This might not bother many members of the target audience, but clearly I'm not one of them. One last thing I noticed that bothered me was this: The font is HUGE. That's great for people with bad eyes, but I felt like it was deliberately that big to make the book seem longer, and thus fool us into thinking there was more content. Definitely not as big and honkin' as you might think!

Disclosure of Material Connection: I received this book free from Thomas Nelson Publishers as part of their [...] book review bloggers program. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255 [...] : "Guides Concerning the Use of Endorsements and Testimonials in Advertising." 0 of 0 people found the following review helpful. Lighthearted and Fun

By Sweet Tea Rick Bubba's Big Honkin' Book of Grub The south's favorite morning radio personalities cover one of their favorite pastimes in this book - eating! This book is a lighthearted view of all things food and is presented in an easy to read manner that is fun and entertaining. Rick and Bubba give us their version of diet tips, etiquette advice and some of their favorite recipes in the same tone and style they use in their radio show. A lot of the advice is superficial and silly but what do you expect from the self-appointed "Two Sexiest Fat Men Alive"? I found the book to be funny and it is written in manner that is very much like the dialog on their radio show. Some of my favorite parts of the book include Rick Bubba's list of most underrated foods - peanut butter and hush puppies; Rick and Bubba's tribute to the casserole; the chapter which covers the topic of foods that are best eaten with your hands; and The Secret Recipe file that has some good basic recipes to try out. I enjoyed this book and I am sure I will read it again from time to time. I would recommend it for anyone who is a fan of The Rick and Bubba show.

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By Yarii (cat mom) I love this book - it's a book that makes me giggle and a (VERY tiny) cookbook that has great recipes all combined into one. But don't buy this if you're expecting it to be solely a cookbook --- because it really isn't a cookbook, it's more of an attempt to be a funny "read". I can relate to a lot of the things they say about dieting. This anecdote I can especially relate to: Hungry means it's 11:30. Light-headed because it's almost lunch time. Famished - it's 11:35 - time to get the IV going! Hungry means I'm popping a frozen pizza in the oven. Famished means I'm eating it frozen! - LOL. It goes on and on! And as far as the page devoted to Weight Loss Tips - I could have written this myself! But besides the humor, there some darn good recipes. I made the Bubba's World Famous Homemade Mac and Cheese and it came very close to what my own mom made 20 years ago, but I could never duplicate it even close, until now. I also made Rick's Momma's Famous Fudge, took it to work, and it was devoured in less than an hour by the guys I work with. There aren't a lot of recipes, I believe there are just 23, but the ones I have tried are something you'd be proud to take to a neighborhood pitch-in BBQ -- and be prepared to be complimented on your cooking skills.

"ALL THE FAT IS THE LORD'S . . ." ?Leviticus 3:16 Radio personalities Rick Burgess and Bill "Bubba" Bussey love their grub, and they love it well? and now they want to tell you everything they know about it! In this bountiful buffet of all-things-vittles, Rick and Bubba of the syndicated Rick Bubba Show? heard nationally on more than 60 radio stations? will offer you a veritable smorgasbord of tantalizing tidbits to help you get the most out of America's favorite pastime? eating! Features of Rick and Bubba's Big Honkin' Book of Grub include: Rick and Bubba's no-fail Weight Loss Tips Palate-pleasing recipes to tickle your tummy Rick and Bubba's Tribute to the Casserole "Da Rules" for eating with excellence and grace (including Rick and Bubba's Never-to-Be-Broken Rules of the Church Potluck) Rick and Bubba's Favorite Places to Eat The official list of interesting Food Fairs and Festivals "Eating is an art . . . an event . . . an experience," say Rick and Bubba. So grab your forks, y'all, and come on. There's eatin' to do! Let Rick and Bubba show you how!