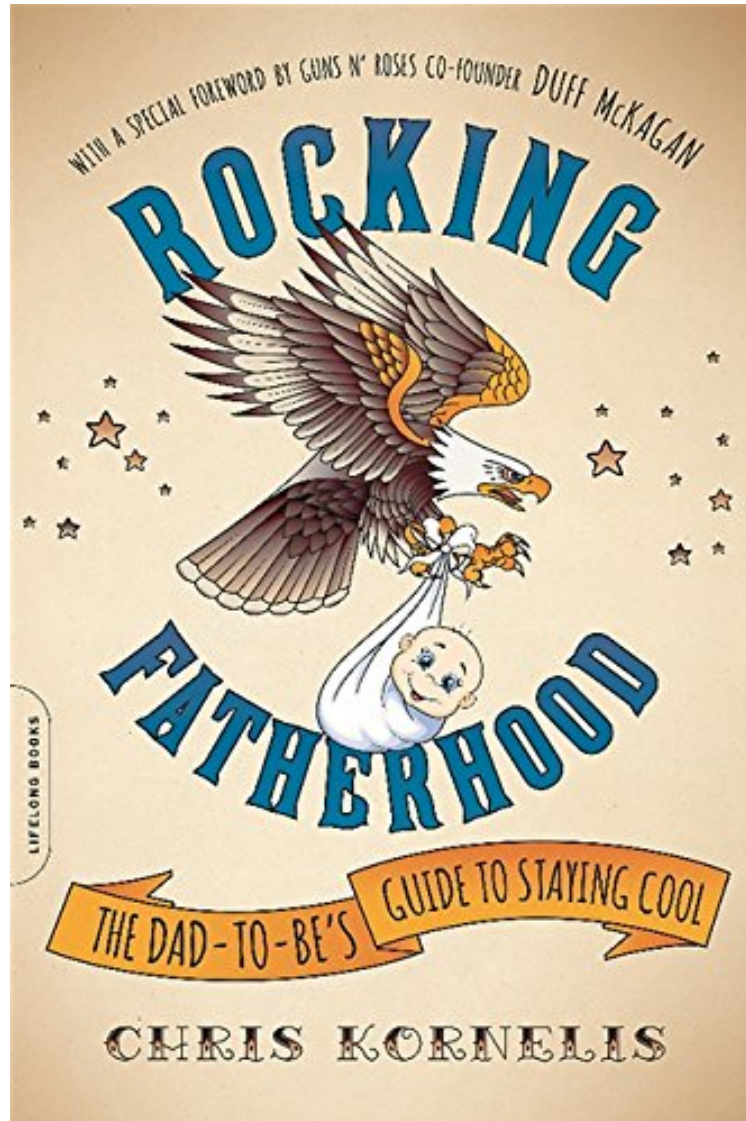


[Download ebook] Rocking Fatherhood: The Dad-to-Be's Guide to Staying Cool

Rocking Fatherhood: The Dad-to-Be's Guide to Staying Cool

Chris Kornelis

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Chris Kornelis : Rocking Fatherhood: The Dad-to-Be's Guide to Staying Cool before purchasing it in order to gage whether or not it would be worth my time, and all praised Rocking Fatherhood: The Dad-to-Be's Guide to Staying Cool:

0 of 0 people found the following review helpful. Perfect for expectant dadsBy DanielleI bought this for my son, who is expecting his first child. He first looked at it and said, "I thought you said not to read parenting books?" I explained that was about books that tell you what to do and how to do it. This book tells you what to expect during the

pregnancy and early parenting in a lighthearted, fun way. The author also emphasizes to decide what is important to you and how you want to do things and to follow your instincts, which I think is generally the best parenting advice. (as long as the parent is not already in the midst of poor decisions like drugs, etc)1 of 1 people found the following review helpful. Must read: Humor-filled trip through fatherhoodBy Christopher T BarronTremendous idea for a book and Chris pulled it off. His writing and humor brings you along and makes for an easy read. Really recommend for any dads out there. Or, those who know a dad. Chris brings great perspective to being a father of young children. Buy it and you won't be sorry. In fact, you'll be delighted and enlightened.1 of 1 people found the following review helpful. The Real Guide to Modern Fatherhood!!By jodi burkeHilarious and so applicable! I have already given this as a gift to several dads. Chris's writing is so relatable and honest. Do yourself and all the young dads you know a favor and buy a copy and share it!

Let me guess: your Facebook page is littered with baby studies and you're hearing "Having a baby changes everything" more often than "Having a baby is pure joy." The sad fact is that pregnancy has been turned into a cataclysmic medical emergency and parenthood's become an obstacle course of optimization. Music journalist Chris Kornelis has no patience for any of it. He didn't know the first thing about pregnancy when his wife gave him the good news, but he knew that the birth of a child should be a joyous occasion, not a minefield of stress and shame. Rocking Fatherhood provides a week-by-week guide to pregnancy for twenty-first century fathers, but unlike most pregnancy books, it doesn't address every scenario and statistic you and your lady could encounter in the next nine months. Rather, Chris encourages you to make decisions based on what you think is best for your family, not to conform to someone else's definition of ideal. To write the book, he mined his own time as an expectant pop and new dad, but he also solicited wisdom from doctors, scientists, songwriters, and the real rock stars—moms. His entertaining insights include: You don't need a book or birthing course (only a 3x5 card. Babies can't change everything. They can't even change themselves. Pregnancy sex can be great sex. Nobody else knows how they're going to make it work, either. Bottle or breast: you decide what's best.

Praise for Rocking FatherhoodParents, 6/1/16“[Rocking Fatherhood] is down-to-earth and full of supportive advice about the transition to family life.”Associated Press, 6/1/16"Rocking Fatherhood takes a cheeky week-by-week approach that might just soothe some new daddy nerves and help out in the empathy, sympathy, gotta-buy-some-gear departments.”RelevantDad.com, 6/16/16“Rocking Fatherhood is the must-read book of the year for expectant fathers.”