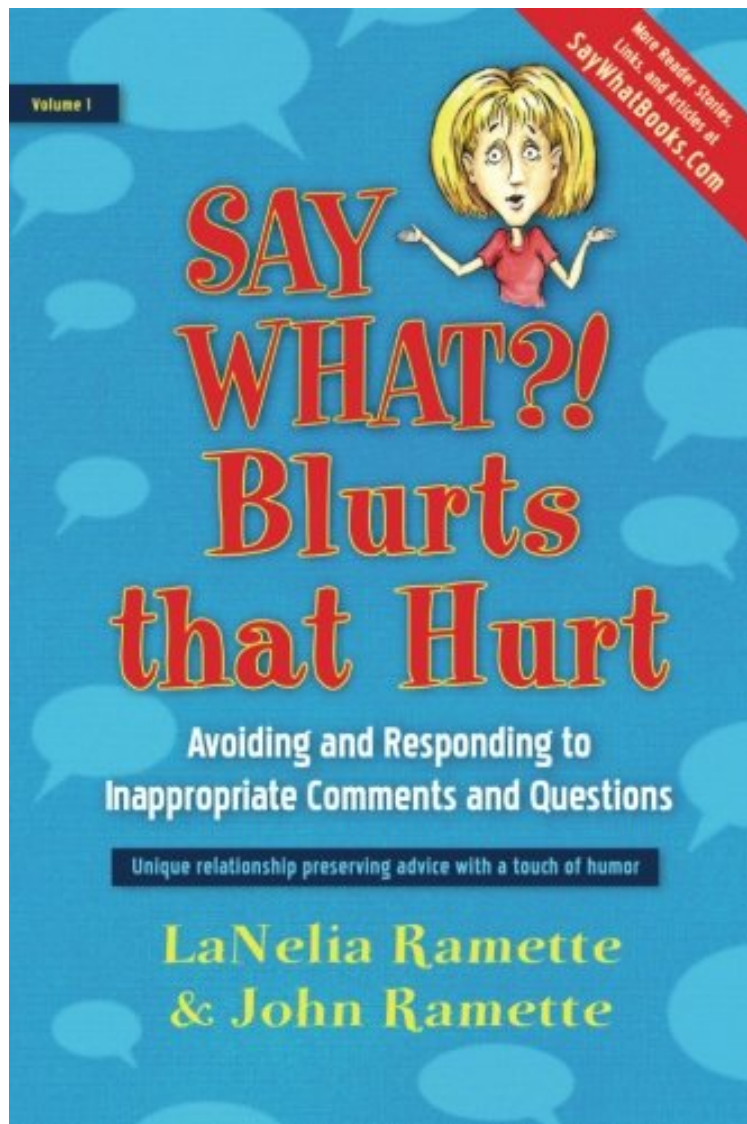


[Free read ebook] Say What?! Blurts that Hurt: Avoiding and Responding to Inappropriate Comments and Questions

Say What?! Blurts that Hurt: Avoiding and Responding to Inappropriate Comments and Questions

LaNelia Ramette

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LaNelia Ramette : Say What?! Blurts that Hurt: Avoiding and Responding to Inappropriate Comments and Questions before purchasing it in order to gauge whether or not it would be worth my time, and all praised Say What?! Blurts that Hurt: Avoiding and Responding to Inappropriate Comments and Questions:

1 of 1 people found the following review helpful. A Valuable Conversation Guide for Awkward Moments By Larry M.

Barber, LPC-S, CT Have you ever been at a loss to respond to statements folks make that are unintentionally rude, socially incorrect and sometimes just painful? Or have you been on the giving end of an unintentionally rude, seemingly thoughtless or hurtful statement which you wanted to immediately take back? If you answer yes to either or both of these questions, then authors LaNelia and John Ramette have the book you need. They have created the essential guide to polite, supportive, encouraging and relationship-building conversation in "Say What?! Blurts that Hurt; Avoiding and Responding to Inappropriate Comments and Questions." Say What?! is no dry Emily Post guide to conversational etiquette. The book uses humor and the wisdom of the Ramettes' thirty years of marriage, child raising, and various life experiences (including the tragic suicide of their teenage son) to guide you through those awkward moments in conversation. With spot-on examples the Ramettes' lead you from saying the first sarcastic remark that pops into your mind to more productive responses that benefit both the listener and the speaker. Each example of conversational situations and responses also makes the reader more aware of the power of words and makes the reader more capable of avoiding placing a foot in mouth during conversations. Say What?! empowers readers to more effectively use their words to build other people up rather than tear them down.

Larry M. Barber, LPC-S, CT 1 of 1 people found the following review helpful. A good book for parents of adoptive children

By Jim Holden I bought two copies of this book, one for me and one for my daughter. I gave her a copy because she has two adopted children, and I was confident that she would find Say What?! Blurts That Hurt to be particularly relevant to her life. My suspicions were confirmed, for soon after she read the book she told me that she had experienced many of the situations described in the book and that she found the suggested responses to inane questions and comments to be very useful. From my perspective I also liked the practical, "how-to" format of the book: (1) a Question or Comment, (2) What Some People Might Say, and (3) a Relationship-Preserving Response. And the book is written with great good humor--readers will especially enjoy the What Some People Might Say (But Not You) comments. Many of them are flat-out hilarious, often reminding us of situations we have been in when (in retrospect) we thought, "I wish I had said that." Of course I'm a bit prejudiced because I'm a friend of one of the Ramettes (John), but don't let that deter you from buying a copy of this excellent self-help book. You will not be disappointed.

James Holden. 0 of 1 people found the following review helpful. Great Practical Advice for Awkward Situations

By Jarrod W. Robinson If you've ever had to go through painful situations in life, then you know how often well-intentioned people try to say things to comfort you, and end up saying things that bother you. If you've ever had to go through complicated situations that other people struggle to understand, you know how often well-meaning people ask questions that offend you or make comments that frustrate you. This wonderfully written and practical book helps you know some of the best ways to respond to those kinds of (often unavoidable) conversations. As a minister in a Christian community of faith, I often interact with people who are going through tough times and have had their feelings hurt by loving Christian people who've accidentally said the wrong thing at the wrong time. "Say What?!" is not only a book that I'll be giving to those hurt people to help them cope and recover, but it's also a book I'll be recommending to all of my other church members who want to help hurting people through kind words, but who don't realize how they often come across. I love the fact that the authors have covered so many different kinds of possible delicate conversation topics that really do happen all the time: Infertility/Adoption, Working Mothers/Stay-at-Home Fathers, Cancer Diagnosis, Funerals, Miscarriage, Death of a Child, and more. It's clear as you read each chapter, that John and LaNelia Ramette know about these kinds of sensitive topics personally. This is not a clinical academic overview of how not to talk to people who need encouragement, this is an autobiographical book of advice that comes from real life experience. That first-hand knowledge is what, I think, allows this book to excel where other books in this field fail, or at least fall flat for me. If you've ever had your feelings hurt by well-meaning or just plain out-of-touch people, this book is for you. If you've ever wanted to know the most helpful comforting thing to say to someone who needs encouragement, this book is for you. I find myself going back to certain chapters over and over again, trying my best to learn the tips and advice by heart. You will too.

Tongues often speak without the brain's permission, leaving us longing for a conversational eraser to correct our mistake. Say What?! Blurts that Hurt blends unique relationship preserving advice with a touch of humor for dealing with many of today's most sensitive and challenging conversations. Imagine someone asking, "Who's fault is it you can't have kids?" to a couple struggling with infertility, or adoptive parents being asked, "Who's the real mother?" Imagine sharing with family and friends the diagnosis of cancer, only to have one of the first things to be said, "You are one of the lucky ones. There are a lot of people much worse off than you." Through real-life conversational examples, discussion points, practical advice, and model conversations, Say What?! proposes relationship-preserving alternatives to well meaning but inappropriate blurts that hurt across a wide spectrum of today's most challenging conversational situations. Chapter themes include: Pregnancy, Cancer Diagnosis, Working Mothers, Death of a Child, Infertility, Adoption, Miscarriage, Breastfeeding, Stay-at-Home Dads, and five other chapters as well as a chapter on practical advice for being supportive in times of crisis and loss. Each chapter is complimented with a themed illustration, dialogue specific reflection points, topic related discussions and helpful suggestions, and model conversational examples, all designed to help frame an understanding and path the reader can follow to more

appropriately prepare for and communicate during challenging conversational situations.