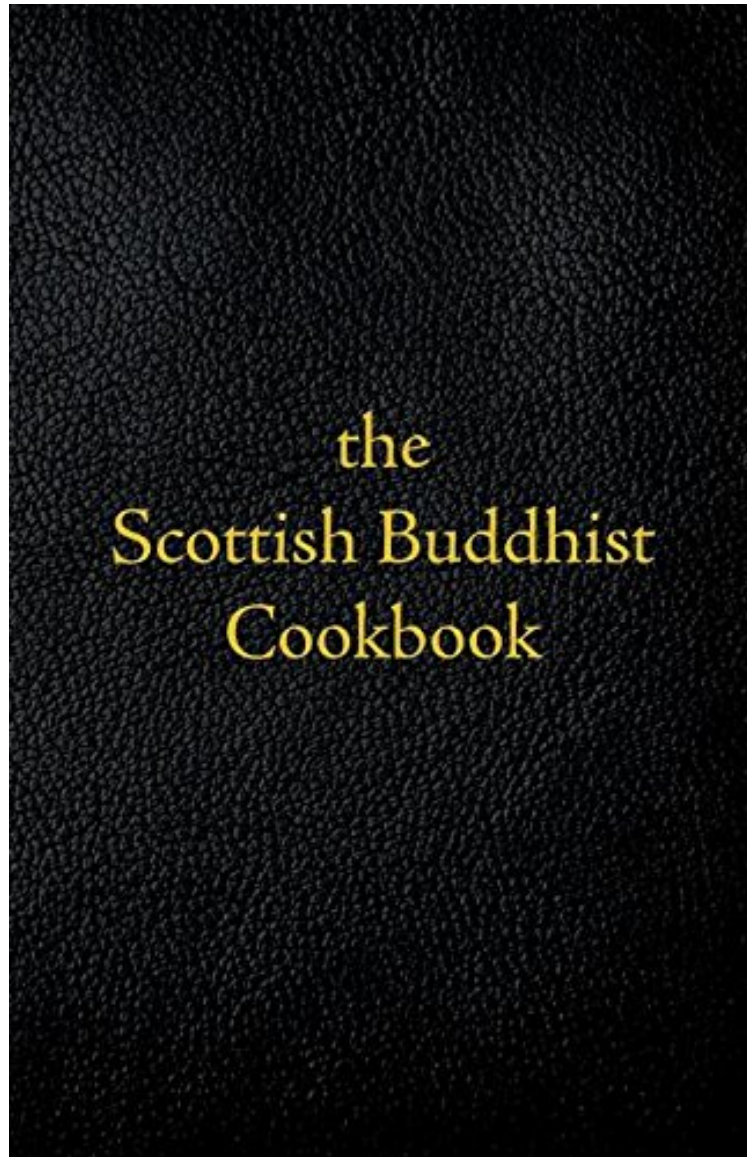


(Download) Scottish Buddhist Cookbook: Another Book of Mormon

Scottish Buddhist Cookbook: Another Book of Mormon

Jay Craig

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Jay Craig : Scottish Buddhist Cookbook: Another Book of Mormon before purchasing it in order to gage whether or not it would be worth my time, and all praised Scottish Buddhist Cookbook: Another Book of Mormon:

1 of 1 people found the following review helpful. In my backyard.By MelindaI enjoyed this book! Read it as I enjoyed a Seattle summer day in my backyard in Ballard. I have yet to try the recipes but know I will as I love a good crock pot meal. Speaking of crock pots (or is that crackpots), Mr.Craig's writing brought me back to the time I couldn't read enough Bukowski. The women, the boozing, the self loathing then self loving, the desire for a new set of rules to live

by just to break them. He scratches the surface of emotional situations that I would have liked him to dig a little deeper into. Nonetheless, I'll read anything he writes in the future while enjoying a monstrosity at Mike's, made by Steve on a weeknight.P.S. How do I get one of them Huggy Jesus dolls?1 of 1 people found the following review helpful.
RecipesBy GailThe recipes were interesting and so were the stories,but I definitely could have done without the foul language. I could have enjoyed ALL of the book without the vulgarity and slander of Christianity.0 of 0 people found the following review helpful. Four StarsBy HODGEPODGESPVNNot your typical Scottish cookbook, that's for sure

The Scottish Buddhist Cookbook is an exercise in manic depression, crock pot recipes, divorce, a stuffed Jesus doll, over-drinking, Scottish Buddhist propaganda, and instruction on how to make a fully functional Great Highland bagpipe out of plumbing supplies. The Scottish Buddhist Cookbook is a collection of non-fiction short stories about the author's experience in dealing with his bipolar disorder, also known as manic depression. In it, he embraces his mental condition and attempts to help de-stigmatize manic depression. The stories tell of the author's wife leaving him because of his bipolar disorder and his efforts to control his condition through medication and lifestyle. He creates his own religion, Scottish Buddhism, which is a metaphor for manic depression. He offers suggestions on dealing with bipolar disorder and tries to offer hope that with the proper mental outlook, manic depression can be more of an asset than a liability. The stories are both humorous and serious, and all are true, from trying to sell a children's doll, Huggy Jesus to Christians, to visiting his friend in a mental hospital. He deals with the death of his best friend, which sends him into a serious depression, and manages to take control of his life by, among other things, getting a job with Ride the Ducks, driving tourists around Seattle in an old WWII amphibious vehicle. Jay Craig lives on a boat in Seattle and works in the Vitality Department of a senior living facility.

About the AuthorJay Craig lives in the Ballard neighborhood of Seattle, Washington. He has done a variety of work over the years, from owning a boat building business, to running a kilt factory, to writing trivia questions, to working in a senior living facility.