

Self-Improvement Removement

Gary Crowley

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Gary Crowley : Self-Improvement Removement before purchasing it in order to gage whether or not it would be worth my time, and all praised Self-Improvement Removement:

5 of 5 people found the following review helpful. Moving beyond the Self-Help "Fix"By Nicole M.Crowley's wit and writing offer a lighthearted and more simplified alternative to the oversaturated market of self-help guides today. Crowley creatively presents wisdom as handed down through the ages: help yourself by accepting yourself. I highly recommend this book for those who wish to be liberated from the countless years of the journey --4 of 4 people found the following review helpful. Best self-discovery book EVER!By A CustomerThis book is "way ahead" of its time. It is funny, well written and has incredible illustrations.You must see it to understand the brilliance that Gary Crowley has accomplished. This book is a great book "as a gift" for anyone. Not only is it very funny and lighthearted but carries with it a really BIG hearted message.5 of 5 people found the following review helpful. A breath of fresh air!By MarkIf you're looking for a cathartic laugh about the whole self-improvement industry, pick up copy for yourself or the self-improvement junkie in your life. Inside the humor, you'll find some valuable insights that might enrich your life and make you smile - without having to 'improve yourself'.

Take this humorous and insightful journey through the wacky world of self-improvement. Experience along with Gary what you already know. Youll arrive at that pleasurable place where you know you are already fine. Self-Improvement Removement is easy and fun! You already have everything you need to enjoy your life. Author, healer and poet Gary Crowley has tried it all. Now he shows you the simple way to a meaningful life with a book written entirely in rhyme.Self-Improvement Removement can be appreciated by both the young and the old. So just relax and enjoy the

ride. You're already fine!