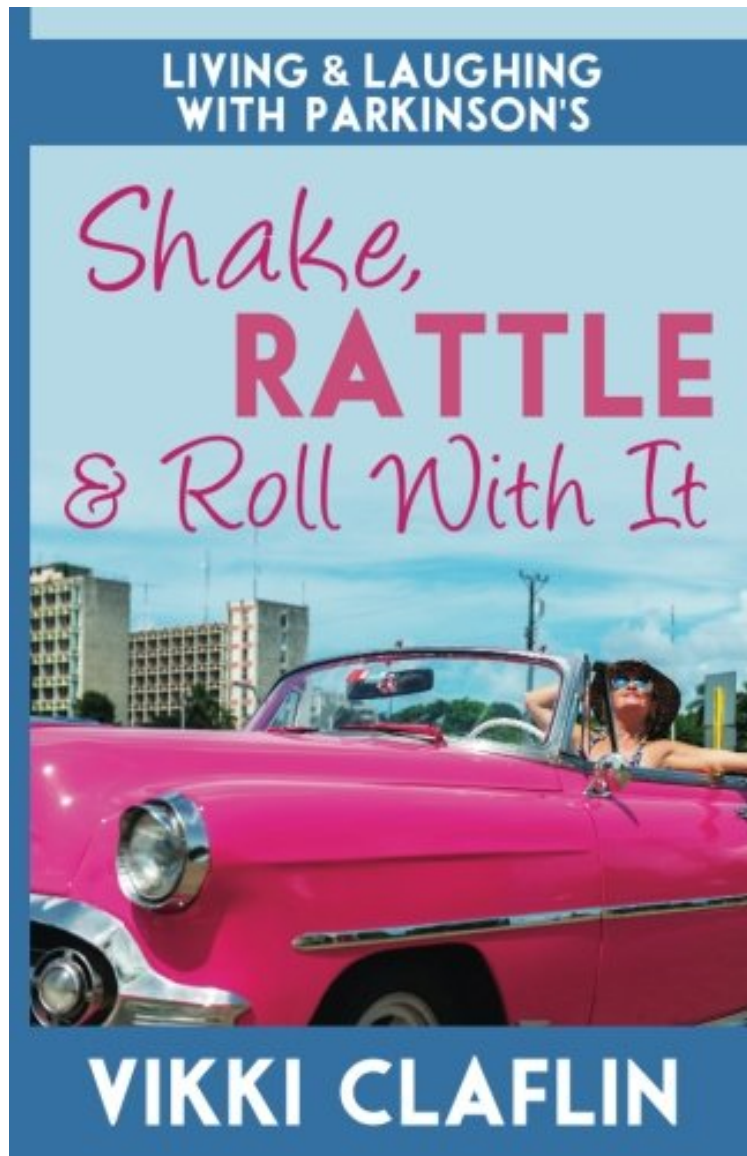


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## Shake, Rattle Roll With It: Living and Laughing with Parkinson's

Vikki Claflin

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#984971 in Books Claflin Vikki 2016-09-08Original language:English 8.50 x .53 x 5.50l, #File Name: 0997587180232 pagesShake Rattle Roll with It Living and Laughing with Parkinson s | File size: 52.Mb

**Vikki Claflin : Shake, Rattle Roll With It: Living and Laughing with Parkinson's** before purchasing it in order to gage whether or not it would be worth my time, and all praised Shake, Rattle Roll With It: Living and Laughing with Parkinson's:

2 of 2 people found the following review helpful. Grinning and giggig through tough days...By Lynne M SchuepbachAfter following Vikki's blog for years, I am so happy she finally put her book together. She looks at life, the highs and lows, through fun-house mirrors with a twist of hilarity. Even before being handed the dirty end of the

stick with a Parkinson's diagnosis, she's had her readers giggling and snorting as she faced all the craziness of "normal" daily life. With the addition of a frustrating, pretty frightening diagnosis, her good humor and natural sense of irony has kicked into high gear! Lucky us: we get the clean end of the stick - and it's so much fun! Erma Bombeck, move over; you've got company!!! 2 of 2 people found the following review helpful. For anyone who loves to laugh, chronically ill or not! By Chris Dean I don't have Parkinson's, but I do have an autoimmune disease. The humor that Vikki has so seemingly effortlessly crafted had me and my family rollin' in laughter! I lost count of how many times I dropped my Kindle because I was laughing too hard to hold the e-reader and my bladder at the same time. I adore her philosophy of finding ways to laugh at the lemons life can sometimes hand us. It's a philosophy that doesn't just work for health issues, so don't think this book isn't for you if you're livin' in the Land Chronic Illness Forgot. If you're someone who loves to laugh, then I can't recommend this book highly enough! 1 of 1 people found the following review helpful. Vikki Claflin is hilarious, insightful and a talented writer. By Grammie of Two I originally found Vikki's blog via a Parkinson's website. My husband has Parkinson's, and I wanted to see what she had to say. I quickly became a huge fan. Her writing is laugh-out-loud funny, and she artfully gives voice to all sorts of issues that just rumble around in your head. I follow her blog, and also follow her on Facebook. I recently purchased this book on my Kindle, is full of her positive life outlook, fabulous humor, and how she deals with early onset Parkinson's. Highly recommend, whether you or a loved one has Parkinson's, or you just need to be inspired by a wonderful woman.

Erma Bombeck meets Michael J. Fox in "Shake, Rattle Roll With It: Living and Laughing with Parkinson's." Vikki Claflin is a writer, humorist, and professional public speaker. After many dark days spent coming to terms with her diagnosis, Vikki's natural comic optimism and irreverence began to surface, and she started writing about the funny side of living with Parkinson's disease. "Shake, Rattle Roll With It" is a collection of Vikki's honest - and hilarious - essays about the ups and downs of life with a chronic illness. She shows us how to laugh at ourselves by first laughing at her, as she unabashedly shares with us her most embarrassing moments in her battle with Parkinson's. Chapter titles include: "Hey Doc, Call Me When They Find a Cure, Okay?" "Thank You for Calling Google.doc. Yep, You're Gonna Die." "Date Night. This isn't How I Remember It." "I Gave Hubs a Pole Dance and He Can't Stop Laughing. It's Been Two Days." "The 20 Best Things About Having Parkinson's." A true gift to anyone living with, or caring for someone who lives with a chronic condition, or who just loves a good belly laugh, "Shake, Rattle Roll With It" is pure joy, and should be on everyone's MUST READ list.

About the Author Vikki is an international best-selling author, humor blogger, and inspirational public speaker. She lives in Hood River, OR, where she writes the award-winning humor blog *Laugh Lines: Humorous Thoughts and Advice on How to Live Young When You're...well...Not*, where she doles out irreverent advice on marriage, offers humorous how-to lists galore, and shares her most embarrassing midlife moments. Vikki has been featured on the Michael J. Fox Foundation website, Erma Bombeck's Writer's Workshop, The Huffington Post, *Scary Mommy*, *Midlife Boulevard*, *Better After 50*, and *Funny Times Magazine*. She also received a BlogHer14 "Voices of the Year" Humor award. Vikki's first book, "Shake, Rattle Roll With It: Living Laughing with Parkinson's" chronicles her hilarious, and sometimes poignant journey, about living with Parkinson's disease. Her second, "Who Left the Cork Out of my Lunch?" was published in 2016. Her new humor anthology, "Chin Hairs and Back Fat: Somewhere Between Tweezers, Yoga Pants a Box of Wine" is coming soon. You can find more of Vikki's writing at <http://laugh-lines.net> Subscribe to her Blog at <http://laugh-lines.net> Laugh Lines Friend her on Facebook here: <https://facebook.com/laughlinesblog> Follow her on Twitter @vikkiclaflin