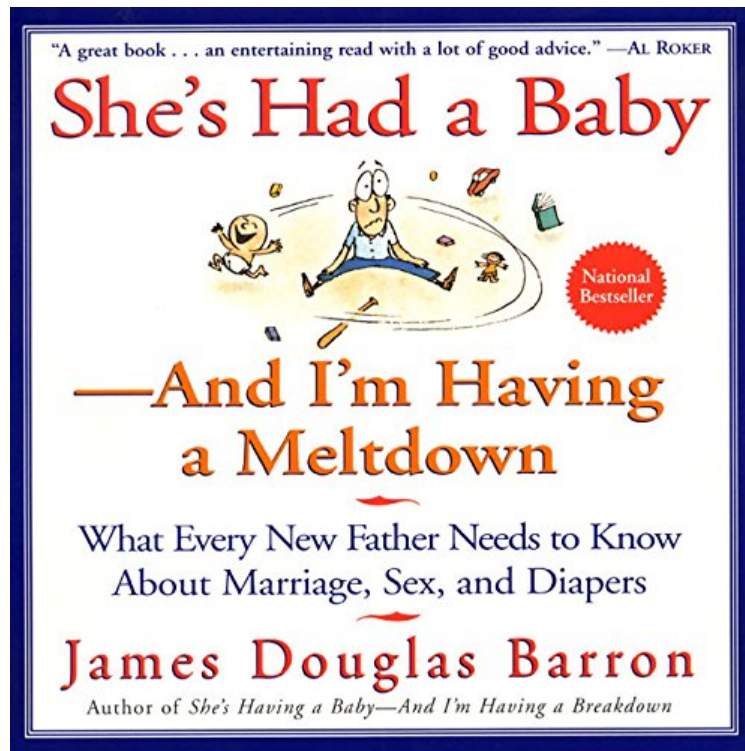


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She's Had a Baby: And I'm Having a Meltdown

James D. Barron

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#2341682 in Books Harper Collins 1999-05-19 1999-05-19 Original language: English PDF # 1 7.00 x .45 x 7.00l, .50 #File Name: 068816823X176 pages She's Had a Baby And I'm Having a Meltdown | File size: 27.Mb

James D. Barron : She's Had a Baby: And I'm Having a Meltdown before purchasing it in order to gauge whether or not it would be worth my time, and all praised *She's Had a Baby: And I'm Having a Meltdown*:

0 of 0 people found the following review helpful. Three Stars By Marco Lalama Gross Somewhat useful. 0 of 0 people found the following review helpful. Five Stars By Jeeyuna great book! 20 of 22 people found the following review helpful. Terrific "tell it like it is" guide for new fathers By A Customer This is a wonderful book for new dads. My husband and I read it together and laughed all the way through at the memories it evoked of coping with the trying times of our daughter's infancy. Mr. Barron uses a humorous approach to inform fathers of both the good times and difficult times to expect with a new baby. It is an easy read, broken into bite-size segments - perfect for parents with little time to sit down and read a book. We also liked that Mr. Barron discussed the changes he faced in his marriage after his child was born. We found the book to be so truthful and fun that we bought a copy for a friend of ours who, along with his wife, was expecting his first child.

She's had the Baby, you're a daddy -- now what? James Barron draws on his own experience, the experiences of countless others, and on insights from mothers on what they think new fathers should know to offer advice on balancing the demands of being a good father and a good husband, from the infant through the toddler years. He includes tips on: recapturing the romantic days of just the two of you vacationing with toddlers distinguishing between

needing to call the pediatrician and pestering the pediatrician having sex while your 1-1/2 year-old is in the house. Hardly a standard child-rearing book, *She's Had a Baby* doesn't diagnose allergies or suggest developmentally appropriate toys. Rather, in bite-sized observations, Barron champions the joys and anxieties of daddyhood, while helping a man to cope with the ups and downs a relationship can go through during this time.

"A delightfully useful book. James Barron manages to be both light-hearted and profound as he leads fellow dads through the pitfalls of babyhood. Most importantly, he helps a new parent hang on to the sheer joy of these magical months." --Sylvia Ann Hewlett, President, National Parenting Association

About the Author: James Douglas Barron grew up in the Midwest and now lives with his wife and their two children in New York City and Connecticut.