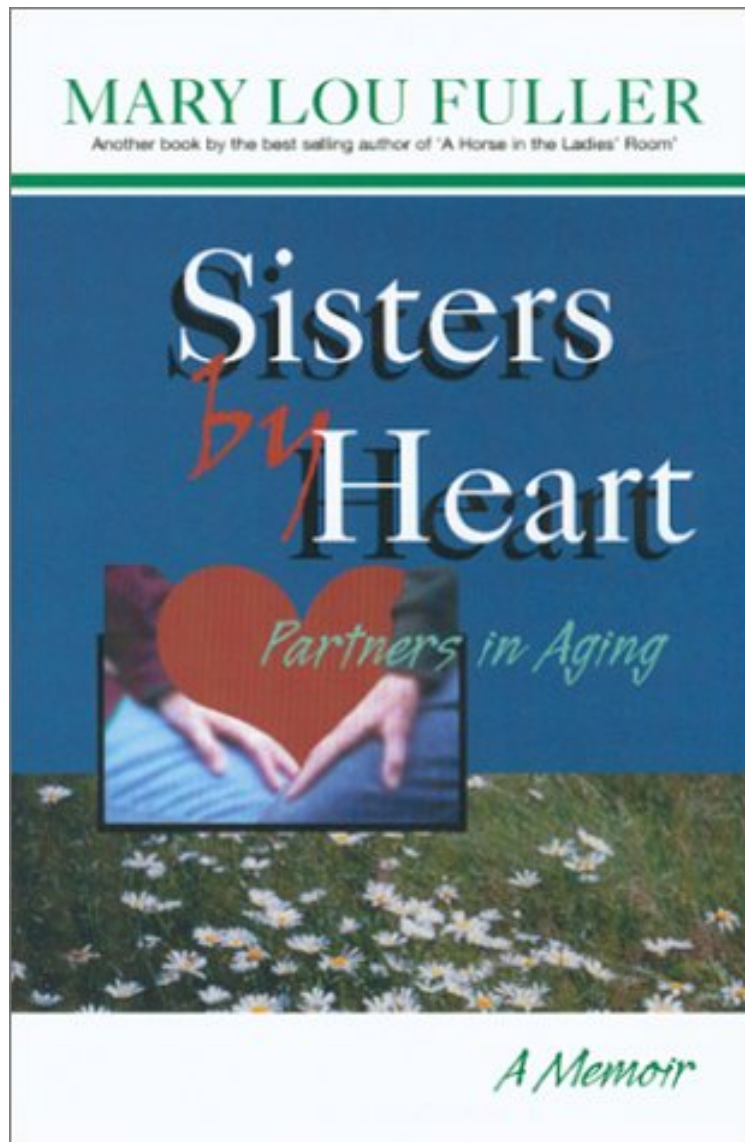


[FREE] Sisters by Heart: Partners in Aging, A Memoir

Sisters by Heart: Partners in Aging, A Memoir

Kay Amsden, Mary Lou Fuller, Jim Dugan
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Kay Amsden, Mary Lou Fuller, Jim Dugan : Sisters by Heart: Partners in Aging, A Memoir before purchasing it in order to gage whether or not it would be worth my time, and all praised Sisters by Heart: Partners in Aging, A Memoir:

1 of 2 people found the following review helpful. Sisters by Heart - Partners in Aging By Mil-Lee Santos I have just read this book and loved it! Congratulations to the author on what should prove to be another bestseller. You have found wonderful humor in the experiences you have shared. It was inspiring to read about what comes with age in your

lives together. There is such wisdom. Nothing can change who you've become because of where you've been and what you've experienced. 1 of 2 people found the following review helpful. Sisters by Heart - Partners in Aging By Mil-Lee Santos I loved the book! Two very brave women through kindness, respect and patience survive twenty years of friendship and love. What a great story.

Two women who value the presence of each other in their lives; who feel good about being women; who honor their experiences and feel moved to share them. The chance meeting of two 50-year old women from diverse backgrounds leads to a communion of caring and respect. As they embark on ever-strengthening support for one another and as the certainty of aging draws ever closer, they discover a commonality of spirit and depth of devotion that has sustained them for over twenty years. The knowledge that rather than wither on the vine in their seventies, they are listening to the crones within and are ripening into springtimes still to be shared.

...whimsical celebration of twenty years of friendship. "Respect the crones within", the book says, "they are the keepers of wisdom" -- Pat Parnell, Professor Emerita, White Pines College A rich, delicious and moving story. Reading that will tickle your funny bone and bring tears to your eyes -- Denise Lamothe, Psy.D author of "Taming of the Chew" Affectionately and fetchingly relates the many sides of a long, rich friendship combined with a humorous portrayal of aging. -- The Small Press Book , June 11, 2001 An honest, refreshing, insightful and humorous account of the life and love of two remarkable women -- Ruth Harriet Jacobs, PhD, author "Be An Outrageous Older Women" About the Author Mary Lou Fuller was born in Bryn Mawr, PA in 1929. Her studies included Creative Writing and Industrial Psychology. Her early career was in Personnel work in Philadelphia. In 1980, she relocated to Durham, NH and took a position at the University of New Hampshire as business manager of student dining services. In 1989, at the age of 60, she deserted her business career to pursue a lifelong dream to write full time. While living in Fitzwilliam, NH in the 1960's, Mary Lou and her second husband owned and operated the 1796 Fitzwilliam Inn. It is the subject of her first book, "A Horse in the Ladies' Room". She was married the first time at eighteen to a man who emotionally and sexually abused her. Her story, and the seven women instrumental in her journey to recovery, is chronicled in her third book, "On the Wings of a Unicorn". Excerpt. Reprinted by permission. All rights reserved. As I knelt on the bathroom floor carrying out my weekly devotions to toilet bowl cleaning, I heard the unmistakable sound of tires rolling up the gravel lane to my cabin. The business-like slam of the car door told me instantly it was no one I knew. I groaned to my feet and peered out the window to see who had happened on my woodland hideaway. There was talk in the village about an Avon lady cruising around town and I said to myself, "Damn! It's her. Way out here too. What nerve." The tall, slim angular figure approached the front steps. I muttered again, "Gawd. She's a piss-poor ad for beauty products." Then seeing her determined expression and the deep furrow between her eyes I made a quick re-assessment, "I was right the first time: piss-poor looks for Avon; probably sells encyclopedias." When I opened the door, I received no ESP that my life would change forever once this woman crossed my threshold. She was to become the Gibraltar in my life; my partner and cohort in over twenty years of challenges that would reverse the sand in the hour glass of aging.