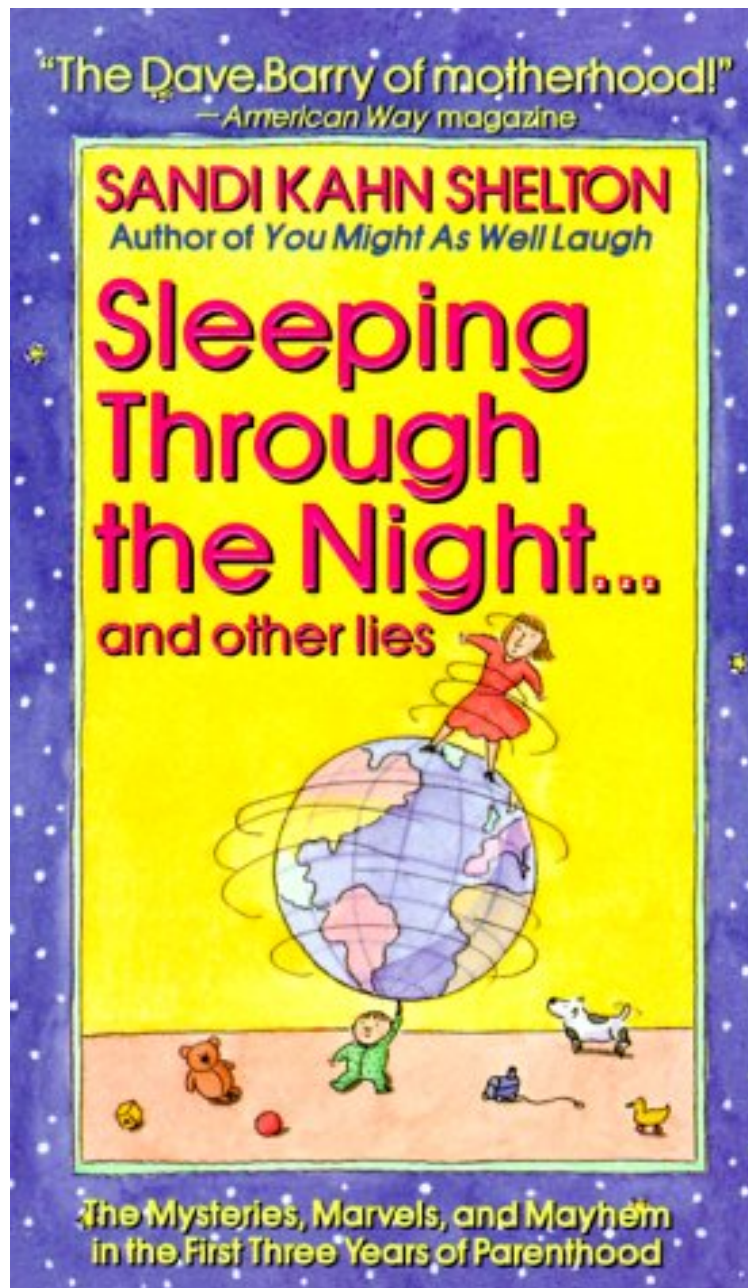


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Sleeping Through the Night...and Other Lies: The Mysteries, Marvels, and Mayhem in the First Three Years of Parenthood

Sandi Kahn Shelton

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Sandi Kahn Shelton : Sleeping Through the Night...and Other Lies: The Mysteries, Marvels, and Mayhem in the First Three Years of Parenthood before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Sleeping Through the Night...and Other Lies: The Mysteries, Marvels, and Mayhem in the First Three Years of Parenthood*:

16 of 16 people found the following review helpful. I laughed so hard I almost had an accident!!!By A CustomerAll I can say is: If you are suffering from a case of parenting frustration, this book will remind you that you are not alone, and that you are NOT crazy!! I felt like I was reading about my own days and nights. My son is 15 months, and already, I could relate to just about everything the author talks about. You will laugh until your sides hurt. I looked forward to being able to read this book everyday, and was really bummed out when I got to the end....oh well, guess I'll just have to buy another book by Sandy Kahn Shelton!0 of 0 people found the following review helpful. Five StarsBy BookieSuch a wonderful book! Helpful!4 of 4 people found the following review helpful. If you love Erma Bombeck and Vickie Iovine you'll love thisBy DianeI actually checked this book out (along with all the others the library had on the subject) when my 2 year old twins were not sleeping well. While this book offered no practical tips, it reminded me of just how babies can change our lives. In fact it is the only one I read cover to cover, and I enjoyed EVERY minute of it. In the true spirit of every comedian, she takes the everyday baby-related things and makes us laugh. She reflects on everything from our pre-baby notions of "how it will be in our house" to the amazing things toddlers say in public. One of my favorite sections was on nursing and making sure the word/phrase you use is "public friendly". Oh, and of course, the section on sleep reminded me that one day I will look back on this "phase" with humor. I already buy Vickie Iovine's "Girlfriend's Guides" for my pregnant or newly blessed friends. I will certainly be adding this book to the package! I also highly recommend it for any parent who is trapped in any "phase" that babies/toddlers go through. For it will surely make you forget your worries, fears, and distress and make you laugh. (Just don't miss too much sleep by reading it all night!)

You've got circles under your eyes, crusty white stuff on your clothes, and strained carrots in your hair--welcome to the lighter, messier and definitely funnier side of parenthood!In this laugh-out-loud collection of wit and wisdom, the WorkingMother columnist and author of *You Might As Well Laugh* delivers chuckles, cheer, and compassion--guaranteed to help parents survive the first three years. From breast feeding to toilet training and everything in-between, *Sleeping Through the Night* explores:Parent Lingo--or words you never thought you'd want to know the meaning of, like Onesies, Zwieback, and Projectile VomitingThe going bribery rates for toddlers (MMs are the currency of choice)All-time favorites toys: the toilet brush, lids from pots and pans, anything in your cosmetic drawer, fireplace tools, your keysHow to reconnect with old what's-his-name, that guy across the pillowThings NOT to discuss with the parents in the park (like your babysitter's phone number)

.com The secret to surviving parenthood? It's laughter, according to author Sandi Kahn Shelton. In this delightful book, Shelton, who's also the humor columnist for *Working Mother* magazine, dishes up hilarious insights into the inner workings of infants and toddlers that only a mother of three could provide. From sleep deprivation to sleeping with toasters, choosing child-care, and waiting for poop, Shelton touches on all the hottest topics of the first three years of parenthood. Organized by subject, instead of in chronological order, you'll find witty and wonderful stories in chapters such as "Why Babies Cry," "The Daddy Dance," "You Can Leave Home Without Them," "Parenting in Public," and "Life in the Terrible Twos." Shelton at one moment bombards us with such pure silliness as "Spaghetti goes on the head; that's why it's made in strands," and then, at the next opportunity, turns on the compassion with "you're most likely going to live through this time in your life. Especially if you can laugh. In fact, definitely if you can laugh." With such wit and wisdom, Shelton will help you see the lighter side of parenthood--and, hopefully, help you enjoy it even more. --Kelley SmithFrom Publishers WeeklyShelton's humorous look at the first three years of parenthood is so honest that it may be appreciated only by those who are already parents. Others will either dismiss the book as a pack of lies, because they can't believe anyone would ever be so tired that she would catch a quick nap in the car waiting at a red light, or they will run to the medicine cabinet and check their birth control very carefully. With a breezy style that belies a sophisticated wit, Shelton (*You Might As Well Laugh: Surviving the Joys of Parenthood*) exaggerates daily life with a baby, but only just a little. Readers will need to pay attention to realize when she crosses the line from vaguely absurd reality to hyperbole. A humor columnist for *Working Mother*, Shelton touches on almost every parenting topic imaginable, with brief essays grouped by subjects such as sleeping, crying, nursing, dressing, feeding, talking, worrying, calming, separating and, of course, potty training. The book's format works well for the most part, although there are some sections, such as the one about "sneaky sleep"athe 15-minute nap that can sabotage a child's sleep patterns for daysAthat could have been longer. And while some chapters are funnier than others, Shelton's book is a welcome addition to the parenting bookshelf. Author tour. Copyright 1999 Reed Business Information, Inc. "The true successor to Erma Bombeck's throne." --*WorkingMother* magazine"With a breezy style

that belies a sophisticated wit, Shelton exaggerates daily life with a baby, but only just a little. A welcome addition to the parenting bookshelf." --Publishers Weekly